USS
UNITED SENIOR SERVICES

To heat meals: Slit film, microwave on HIGH for 3-5 minutes OR oven bake at 350 F, 20-30 minutes
Meal temperature when heated should be 165

November

Monday	Tuesday	Wednesday	Thursday	Friday
11/2/2026	11/3/2026	11/4/2026	11/5/2026	11/6/2026
General Tso's Chicken	Ham & Swiss on Rye	Meatloaf, Mashed Potatoes	Broccoli Cheddar Chicken	Turkey Ham & Beans, Beets
Rice, Stir Fried Veggies	Pasta Salad, Cole Slaw	Gravy, Peas & Carrots	Roasted Red Potatoes, Spinach	Cornbread Muffin, Pear, Cookie
Orange, Milk	Mustard, Banana, Milk	Raisins, Milk	Applesauce, Milk	Milk
Monday	**Tuesday**	**Wednesday**	**Thursday**	**Friday**
11/9/2026	11/10/2026	11/11/2026	11/12/2026	11/13/2026
Polish Sausage, Mashed Potatoes	Italian Sub, Three Bean Salad	Baked Chicken w/Skillet Gravy	Veggie Omelette Casserole	Swedish Meatballs
Sauerkraut, Lima Beans	Cole Slaw, Italian Dressing	Augratin Potatoes, California Blend	Breakfast Potatoes, Sausage	Buttered Noodles, Mixed Veggies
Applesauce, Milk	Mustard, Orange, Milk	Grape Juice, Milk	Ketchup, OJ, Milk	Fruit Punch, Milk
Monday	**Tuesday**	**Wednesday**	**Thursday**	**Friday**
11/16/2026	11/17/2026	11/18/2026	11/19/2026	11/20/2026
Chicken Salad on Wheatberry	Pizza Pasta, California Blend	Hamburger, Bun, Cheese	BBQ Pulled Pork, Scalloped Corn	Turkey & Cheese Wrap, Ranch Cup
Three Bean Salad, Macaroni Salad	Garlic Toast	Ketchup, Mustard, Baked Beans	Beets, Bun	Pasta Salad, Cole Slaw
Applesauce, Milk	Orange, Milk	Broccoli, Banana, Milk	Fruit Punch, Milk	Mustard, Orange, Milk
Monday	**Tuesday**	**Wednesday**	**Thursday**	**Friday**
11/23/2026	11/24/2026	11/25/2026	11/26/2026	11/27/2026
Bourbon Chicken, Steamed Rice	Sloppy Joe w/Bun,	Roast Turkey, Cornbread Stuffing		
Corn, Raisins	Roasted Sweet Potatoes	Gravy, Green Beans, Pear	THANKSGIVING DAY	USS CLOSED
Milk	Green Beans, Banana, Milk	Pumpkin Roll, Milk	USS CLOSED	
Monday	**Tuesday**	**Wednesday**	**Thursday**	**Friday**
11/30/2026				**Suggested Meal Contribution**
Cowboy Beans			**Please be sure to call the office**	**$2.50/ meal**
Carrots, Cornbread			**before 9 AM to cancel your meal!**	
Banana, Milk			**937-323-9688**	**Self Pay Rate**
				$5.00/ meal- Invoiced Monthly

Laura Valentine R.D. L.D