

The Center Page

Springfield and Clark County's Resource for People Age 55 and Better

Aug / Sept 2026



UNITED SENIOR SERVICES

www.ussohio.org

125 W Main St.

Springfield, OH 45502

937-323-4948

Mon - Thu 7:00 am - 7:00 pm

Fri 7:00 am - 4:30 pm

Sat 8:00 am - 12:00 pm

BETHEL TOWNSHIP

11200 Gerlaugh Rd

Medway, OH 45341

937-323-4948

Tue & Thu 10:00 am - 1:30 pm

ENON SATELLITE

7571 Dayton-Springfield Rd

Enon, OH 45323

937-863-0043

Mon - Fri 9:00 am - 3:00 pm

DIRECTORS

- Levi Duncan, Interim CEO
- Connie Craig, President
- Lori Zakel, Vice President
- Mark Elliott, Treasurer
- Wendy Ford, Secretary
- Brad Boyer
- David Carey
- Adrienne Forgette
- Michele Hemphill
- Arlin Par Tolliver
- Dr. Maurice Stinnett

USS services and programs are made possible by funding provided by the Clark County Senior Services Levy, Older Americans Act Title III grants administered by the Ohio Department of Aging through the Area Agency on Aging PSA2, Mental Health Recovery Board of Clark, Greene & Madison Counties, Americorp Seniors RSVP, Ohio Department of Transportation, Clark County Department of Job & Family Services, the Crabill Family Foundation, Springfield Foundation, Community Health Foundation, United Way of Clark, Champaign & Madison Counties, member fees and donations.

USS is non-discriminatory in services and employment, and facilities are accessible to all people.



UNITED SENIOR SERVICES

Director's Corner



A Message from Levi Duncan

Dear United Senior Services Members and Community,

I recently began serving as Interim Chief Executive Officer of United Senior Services, and I would like to take a moment to introduce myself. My family and I moved to Clark County in August 2020 through my military service, and we are proud to have made this community our home. I am a retired military officer and former member of the USS Board of Directors.

Since arriving in Clark County, I have developed a strong appreciation for this community and for the important role United Senior Services plays in helping older adults remain independent, active, and connected. USS serves people throughout Clark County in many different ways. Some members visit our centers regularly, while others rely on transportation, nutrition, in-home support, outreach, or other community-based services. Regardless of how you connect with USS, our responsibility is the same: to provide dependable, high-quality services that meet the needs of the people we serve.

My immediate focus is to understand what is working well, address areas that need attention, support our employees and volunteers, and ensure that USS remains a strong and responsible organization for the future. I also want to hear directly from the people who know USS best—our members, clients, families, volunteers, and community partners. I appreciate the opportunity to serve this organization and the broader Clark County community. I look forward to meeting more of you in the months ahead.

Sincerely,

Levi Duncan

Interim Chief Executive Officer



Enon Education & Special Events

Snacks & Facts: Help Strengthen Your Hearing Health Outcomes

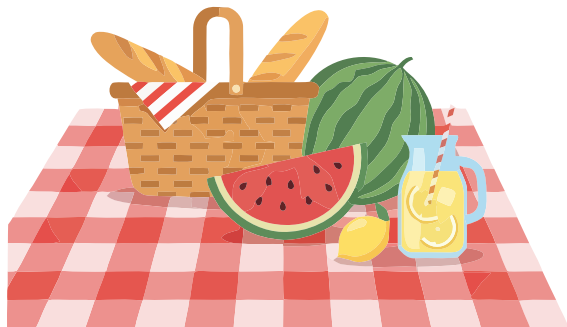
Snacks & Facts returns Tuesday, September 8 at 10:30a with Tim Cross, co-owner and co-founder of Earzlink Hearing Care. He'll explore "Making Hearing Care a Part of Health Care for All Ohioans," offering insights to help you strengthen your hearing health outcomes. Contact Tammy to register and learn more. Sponsored by Earzlink Hearing Care.

Clay Land And Sea Turtles Come To Life

Clay land and sea turtles come to life on Thursday, August 20 at 1:00p as Pam Cornette leads a hands-on crafting session. With decades of pottery experience, Pam brings a special clay that can be shaped, baked, and painted right at the Enon Satellite location. It's a chance to learn a fresh art form, enjoy creative fun, and leave with something beautiful. Reserve your spot by contacting Tammy at 937-863-0043.

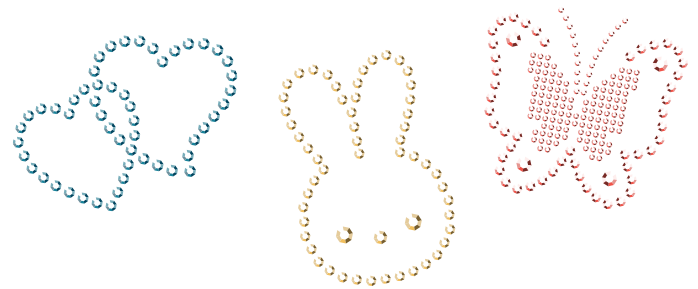
USS Enon's Third Annual Potluck Picnic

USS Enon's third annual Potluck Picnic kicks off Thursday, August 27 at 12:30p under the pavilion at Enon United Methodist Church, 135 S. Harrison St. Enjoy lively music from the Stooksberry DJs and take part in a cashless raffle featuring prizes from generous community donors—just for attending. Members are encouraged to bring a covered dish and come ready for sunshine, laughter, and connection. Sponsored by Springfield Masonic Community. Register with Tammy at 937-863-0043.



Susan Wilkins "Dementia: Responding to Common Behaviors."

On Tuesday, September 22 at 10:30a, guest speaker Susie Wilkins, RN with Day City Hospice, will present "Dementia: Responding to Common Behaviors." Gain practical, compassionate strategies for supporting individuals experiencing dementia-related behaviors. Contact Tammy to register. Sponsored by Day City Hospice.



Diamond Art Group

A new Diamond Art Group begins Thursday, September 17 at 1:00p with instruction from De Sturm. The first session introduces beginner-level Diamond Art and highlights its calming, social benefits. Create a sparkling masterpiece, meet new friends, and enjoy the soothing rhythm of this creative activity. Register with Tammy at 937-863-0043.

All above events will be held at USS Enon. To register contact Tammy at 937-863-0043.



USS Downtown Education

 = Volunteer Opportunity

Garden Club

August 3rd, 12:30pm-1:30pm

Creating a Native Garden with Penny Dunbar, Recreation Specialist, Naturalist and Master Gardener Volunteer

Discover gardening with native plants while improving our habitat for native wildlife, pollinators, soil and plant communities.

September 14th 12:30pm-1:30pm

Kim Bachman, Committee Co-Chair for the Early Ohio settler's garden, will be presenting an educational program on pioneer gardening. The Early Ohio Settler's Garden at Snyder Park Gardens & Arboretum is a step back in time. Come to learn more about this interesting spot in the SPGA.

Lunch & Learn *Sponsored by Villa Springfield*

August 6th, 12:00pm – 1:00pm

Mercy Health, and Ohio Valley will partner with United Senior Services to present information about Diabetes, as we age, and the importance of healthy eating and blood sugar to your overall wellbeing.

This lunch and learn will be led by Mercy Health – Springfield Nurse Practitioner, Becky Harris and Ohio Valley Physician, Kevin Macy.

Lunch & Learn *Sponsored by Villa Springfield*

September 10th, 12:00pm – 1:00pm

In September, Mercy Health – Springfield, will partner with United Senior Services to present information about stroke prevention, care, and life after a stroke.

This lunch and learn will be led by Mercy Health – Springfield Nurse Practitioner, Amy Ross.

All events on this page will be held at USS Downtown. Visit the Welcome Desk for registration.

Book Club

August 24th 3pm - 4 :30pm

James - by Percival Everett

September 28th 3pm – 4:30pm

Paper Girl - by Beth Macy

Art of Aging: Making Wise Energy Choices

September 29th, 2:00pm-3:00pm

Kathryn Metz, from OH Consumers' Council will be onsite to discuss how to save money on your gas and electric bills and avoid paying too much. Register at the Welcome Desk.

Member Orientation

September 30th, 2:00pm – 3:00pm

Join us at USS Downtown for a membership orientation. This will be an opportunity to learn about USS offerings. New members and those looking to become more familiar with USS are invited! Please sign up at the Welcome Desk.

LUNCHES SPONSORED BY:





**Springfield Area
Institute for Lifelong
Learning**

2026 Fall Class Catalog



**Registration for classes opens at 9:00am
Monday, August 24 at USS. All classes are offered
at USS Downtown unless otherwise noted.**

Creative Arts

Bargello Quilt

Make a Bargello quilt consisting of entirely straight seams and rectangular pieces, yet creates an optical illusion of graceful movement, waves and curves using 2 ½ inch strips or Jelly Roll.

Instructor: Phyllis Bageant

Fee: \$40 class fee

Schedule: 8 sessions meeting on Mondays, September 14-November 2, 1:30-3:30pm

Loose Watercolor Method Sparrow

Workshop

Explore watercolor painting with the loose painting style method, using fluid brush strokes, wet-on-wet blending and spontaniaty over photo realism to create a sparrow.

Instructor: Sarah Vith

Fee: \$25 class and material fee

Schedule: 1 session meeting on Friday, September 25; 12-2pm

Floral Door Watercolor & Ink Workshop

Create a charming floral door composition while experimenting with the watercolor and ink medium application.

Instructor: Sarah Vith

Fee: \$25 class and material fee

Schedule: 1 session meeting on Friday, September 18, 12-2pm

Acrylic Aurora Borealis Workshop

Create the Aurora Borealis with acrylic paint an 8x10 canvas following a guided step-by-step instruction for composition.

Instructor: Sarah Vith

Fee: \$25 class and material fee

Schedule: 1 session meeting on Friday, October 9, 12-2pm

Wire Wrapped Pendant

Whether you're a complete beginner or a seasoned crafter looking to add a new skill to your repetoire, this workshop is designed to help you master the elegant art of wire wrapping. Transform raw materials into stunning, wearable art. Learn how to "listen" to the stone, using tension and flow to create a secure, decorative frame.

Instructors: Jenn Queen & Shanon Queen

Fee: \$70 class and material fee

Schedule: 8 sessions meeting on Wednesdays, September 16-November 4, 4:30-6:30pm

Wet Chalking & Floating Chalk Workshop

Create a unique Impressionist style chalk painting using various wet chalking techniques and exploring the chalk soft pastel medium. Instructor: Sarah Vith

Fee: \$25 class and material fee

Schedule: 1 session meeting on Friday, October 16, 12-2pm

Impressionist Chalk Self-Portrait

Workshop

Create your self-portrait with chalk soft pastel medium in the Impressionist style. Learn basic facial proportions and the concepts of light and shadow. Instructor: Sarah Vith

Fee: \$25 class and material fee

Schedule: 1 session meeting on Friday, October 23, 12-2pm

Organic Approach to Art

Learn the history of drawing while using a variety of materials, papers, and concepts. Create while learning wash drawings, silver point, ink and pen, ink and brush, how to use light to alter a drawing, pencil skills, watercolors with drawings and using textures as part of a drawing. Instructor: Joe Lewis

Fee: \$40 class fee

Schedule: 8 sessions meeting on Thursdays, September 17-November 5, 4-6pm

Dream Catchers & Smudging Feather Fans

Workshop

Learn the historical cultural significance of dream catchers and smudging feather fans before selecting the elements to create your own. Instructor: Sarah Vith

Fee: \$25 class and material fee

Schedule: 1 session meeting on Friday, October 30, 12-2pm

Multimedia Abstract Floral Collage

Workshop

Create a layered floral collage using various materials including paper, fabric and paint. Learn how to purposely select pattern, color, and texture to create a vivid composition.

Instructor: Sarah Vith

Fee: \$25 class and material fee

Schedule: 1 session meeting on Friday, November 6, 12-2pm

German Star Workshop

Learn how to make a traditional holiday decoration, common in Germany, by folding strips of paper into a multi-point star and dipping in was with a sprinkling of glitter.

Instructor: Denise See

Fee: \$10 class and material fee

Schedule: 1 session meeting on Wednesday, September 30, 2-4pm

Acrylic Autumn Bridge Workshop

Create an 8x10 Autumn Bridge composition with acrylic paint, following step-by-step guided instruction.

Instructors: Sarah Vith

Fee: \$25 class and material fee

Schedule: 1 session meeting on Friday, October 2, 12-2pm

Health & Wellness

Pilates

Pilates is a system of movements that utilizes heightened mind body awareness to strengthen & stabilize the core & improve posture, balance & coordination. Participants will need to bring their own mat & be independent getting up from the floor.

Instructor: Teresa Magill

Fee: \$ 40 class fee

Schedule: 8 sessions meeting on Mondays, September 14-November 2, 9-10am

A Matter of Balance

Many older adults experience concerns about falling and restrict their activities. A Matter of Balance is an award winning, evidence-based program, designed to manage falls and increase activity levels by promoting exercise to enhance strength and balance.

Instructors: Sharon Mitchell & Melissa Conners

Fee: No fee

Schedule: 8 sessions meeting on Tuesdays, September 15-November 3, 10am-12pm

Curiosity & Technology

Getting to Know Your Phone

Do you have an Android or iPhone and want to learn more? This class will teach you how to navigate your device, browse the internet, stay connected with family and friends, take photos and more! Instructors: Josh Lagle & Tracy Koverman, CCPL Librarians

Fee: No fee

Schedule: iPhone: 4 sessions meeting on Wednesdays, September 16-October 7; OR Android: 4 sessions meeting on Wednesdays October 14-November 4; 9:30-11am

Survey of the Paranormal

Learn about the many areas of the paranormal spectrum including ESP, numerology, psychics, re-incarnation, hauntings, UFO's, cards and runes, handwriting analysis and cryptids. Draw your own conclusion concerning the validity of each topic. Instructor: Lemoine Rice

Fee: \$40 class fee

Schedule: 8 sessions meeting on Mondays, September 14 - November 2, 3-4pm

History

Changes in Women's Fashion, 1750-1880

Join this informative and amusing timeline of American fashions from colonial days to the 1880s. Using mannequins and meticulously reconstructed garments, learn about the fit and function of historical clothes from corsets to bonnets and accessories. Discover how changes in social morals, technology, and economics influenced the clothing choices our ancestors made. At the final session, participants will review the "look" of each decade with fun quizzes and games.

Instructor: Leslie Arendt

Fee: \$25 class fee

Schedule: 5 sessions meeting on Thursdays, October 8-November 5, 10-11am

Ferncliff Cemetery Trolley Tours

Take a ride on the open-air Ferncliff trolley through the historical, original sections of the cemetery. Participants will observe and learn about those in our community.

Instructor: Ski Schanher

Fee: \$ 5 tour fee

Schedule: 2 individual sessions meeting at Ferncliff Cemetery, 501 W McCreight Ave, Springfield, Wednesday, 2-3:30pm: September 16 Veterans October 21 Fall Foliage & Local History

Heritage Center Behind-the-Scenes Tour

Local history doesn't preserve itself. Behind every exhibit at the Heritage Center is a team quietly doing the painstaking work of saving Clark County's stories. Join this special behind-the-scenes day - an in-depth look at how donations come in, how artifacts are preserved, and how history gets shared with the community through research, exhibits and more. Meeting at 117 S Fountain Ave, Springfield

Instructors: Heritage Center Collections Staff

Fee: \$5 tour fee

Schedule: 1 session meeting on Tuesday, October 20, 2-3:30pm

Cooking

Air Fryer Basics

Learn the fundamentals of air frying! Discover tips on how to prepare a variety of foods in your air fryer that will lower the fat in your meals and save you time. A dish will be prepared in class to sample.

Instructor: Donna Kuykendall, Central State University Extension Educator

Fee: No fee

Schedule: 3 sessions meeting on Wednesdays, September 2 - 16, 11am-2:30pm

Springfield Area Institute for Lifelong Learning

The mission of SAILL is to offer the community a catalog of intellectually stimulating education for adults 55 years or better that inspires congenial discovery and discussion in an informal atmosphere.

All classes are offered at USS downtown Springfield, 125 W Main St, unless otherwise noted.

SAILL is open to all current USS members. All fees are due at registration.

Register in person or by calling USS Member Services beginning 9am on August 24.





Special Events!

 = Volunteer Opportunity



Ice Cream Social

Join us for our annual Downtown USS Ice Cream Social on August 4th at 1:00pm! Members and their families are invited for this summer fun event. In addition to ice cream, you will enjoy a special performance by the USS Vintage Voices.

Registration closed July 27th

Thank you Forest Glen for sponsoring this event!



Bluegrass Spotlight

Join us for the return of bluegrass music on Friday, August 14th at 6:00 PM! Enjoy dinner beforehand and stay for a great evening of music. Food is to be catered from Rudy's Smoke house.

Tickets opened for sale Monday, July 20th, at 8:30am and the cost is \$5.00.

Be a Lifeline!

Volunteer Guardianship: A Lifeline for Seniors

In today's world, many seniors face isolation and vulnerability, especially those living in nursing homes. But you can make a real difference! By becoming a volunteer guardian, you'll advocate for the rights and well-being of older adults, offering them much-needed emotional support and companionship.

Studies show that regular visits to seniors in long-term care facilities can dramatically improve their health and overall well-being. For many older adults, depression can take hold after just 30 days in an unfamiliar environment. As a volunteer guardian, your presence could be the support they need to feel seen and valued. Training is provided online, allowing you to prepare at your own pace, with ongoing support from the probate court and a dedicated USS Volunteer Advocate.

For more information, reach out to the USS Advocacy Coordinator, at 937-323-4948 x 218.

BETHEL CALENDAR



AUGUST 2026		SEPTEMBER 2026	
TUESDAY	THURSDAY	TUESDAY	THURSDAY
Masonic Home Bingo 4	Bookmobile 11a 6	Masonic Activity 1	Vancrest Bingo 11:30a 3
Forest Glen Bingo 11	Good Shepherd Bingo Bookmobile 13	Movie & Popcorn Second Hand Lions 8	Good Shepherd-Bingo (GS) 11:30a 10
Discussion & Dessert HEAP & PIPP 18	Bookmobile 11a Laurels Huber Heights Bingo (LHH) 11:30a 20	Forest Glen Bingo (FG) 11:30a 15	Laurels Huber Heights Bingo (LHH) 11:30a 17
Blood Pressures and Med Assist Information 10:30 AM Showdown 25	Bookmobile 11a Birthday Celebration-Villa/ Wright Nursing Cherish Hospice Activities CH 11:30a 27	Dessert & Discussions 22	Birthday Celebration-Cherish Hospice Activity (CH) 24
Thank you to our sponsors: Cherish Hospice (CH) Forest Glen (FG) Good Shepherd Village (GSV) Laurels of Huber Heights (LHH) Masonic Home (MSC)	Masonic Senior Community (MSC) Mercy OSU Extension Vancrest (VC) Villa/Wright Rehab (VWR)	Blood pressure & Med Assist Showdown 29	

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Downtown: August 2026

Additional information available at the Welcome Center

USS DOWNTOWN

BUILDING HOURS:

Mon-Thurs 7:00 am - 7:00 pm

Fri 7:00 am - 4:30 pm

Sat 8:00 am - 12:00 pm

Mondays

Tuesdays

Wednesdays

Thursdays

Fridays

Activity times, dates and
rooms are subject to change.

Always Available

Cafe Lunch

M - F 11:00a-1:00p

Billiards

M, T, W, TH 7:00a-6:45p

F 7:00a-4:15p

S 8:00a-11:45a

Fitness Center

M, T, W, TH 7:00a-6:45p

F 7:00a-4:15p

S 8:00a-11:45a

Ping Pong

M, T, W, TH 7:00a-6:45p

F 7:00a-4:15p

S 8:00a-11:45a

LP Open Swim

M, T, TH, F 7:30a-9:00a

M 10:00a-6:00p

T 10a-1p & 2p-6p

W 7:30a-6:30p

TH 10a-1p, 2p-4p

& 5:00p-6:00p

F 10:00a-3:00p

S 8:30a-10:00a

WWP Open Swim

M 7:30a-11a & 12p-6p

T 7:30a-9a & 12-6:00p

W 7:30a-9a & 10a-6p

TH 7:30a-2p

F 7:30a-3p

S 8:30a-11a

Water Aerobics 9-10a R-\$

Blocks to Blankets 10-12p
NC-D * Aug 3, 17, & 31

Let's Get Moving 10:30-11:30a
NC-D

Land Arthritis M/W
10:30-11:30a NC-R

WWP Volleyball 11-12p R-\$

Ladies Who Lift
11:30-12:30p R-\$

Duplicate Bridge 12p-3p NC-D

Garden Club
12:30-1:30p NC-D *Aug 3*

UNO/Phase 10 1-3p NC-D

Tai Chi 2-4p NC-D

Support Group/Singles/Social Club
4-6p Aug 31

Self Defense 5-6:30p R-\$

Book Club 3-4:30p NC-D
*August 24th - James

Written by: Percivel Everett

Education

Mercy Health Lunch & Learn -
August 6th, 12-1 pm

Becky Harris- NP, Mercy Health
& Dr. Kevin Macy- OVMC

Yoga Hatha: Summer Break

Water Aerobics 9-10a
R-\$

Full Body Exercise 9-10:15a
NC-D

Chair Yoga: Summer
Break

Land Arthritis T/TH
10:00-11:00a NC-R

Moving With Music
10:30-11:30a NC-D

Bid Euchre 11:30-4p NC-D

USS Jammers 11:30-
1:30p NC-D

Friendly Euchre 12-3p NC-D

Pinochle 12-3:30p NC-D

Long Arm Quilting 1-6p R\$

Mahjong 1-3p NC-D

Water Arthritis T/TH 1-2p
NC-R

Chair Volleyball 2-4p
NC-D

Parkinson's Exercise 2-3p
NC-D

Grief Support Group 5:30-
6:30 Aug 18

Drums Alive Summer
Break until September

Warm Water Aquatics 9-10a
R-\$

Vintage Voices 9a-11a NC-D

Land Arthritis M/W
10:30-11:30a NC-R

Ladies Who Lift
11:30a-12:30p R-\$

Bingo 1-3:30p D-\$

Connecting Threads 1-3:30p
NC-D *June 17*

Crafting Group 1-3p NC-D

Card Making Club 1-3:30p
NC-D *Aug 12& 26

Samba (Cards) 12:30p-6p
NC-D

EnerChi (Silver Sneakers)
4:15-5:15p NC-D

Support Group- Diabetes
5:30-6:30p Aug 5

Support Group-Alz
5:30-6:30p Aug 12

Key

\$: Cost
D: Drop-in
NC: No Cost
R: Registration Required
WWP: Warm Water Pool
LP: Lap Pool

Water Aerobics 9-10a
R-\$

Full Body Exercise 9-10:15a
NC-D

Tai Chi 10-12p NC-D
Land Arthritis T/TH
10:00-11:00a NC-R
HEAP/PIPP Program Education
10:30-1pm Aug 6

Hand & Foot Cards 11-4p
NC-D

USS Jammers 11:30-1:30p
NC-D

Cribbage 12:30-2:30p NC-D

Cribbage Tournament 10:00am-4p
Aug 13
Pinochle 12-3:30p NC-D

Water Arthritis T/TH 1-2p
NC-R

Jigsaw Puzzle Group
1-6:45p NC-D

Photo Club 3-4:30p NC-D
August 6 & 20

Parkinson's Exercise 2-3p
NC-D

Retro Splash Summer
Break until September
Yoga Hatha: Summer
Break

Chair Volleyball 4:45-
6:45p NC-D

USS Closures

Water Aerobics 9-10a R-\$

Weaving 9:30-11:30a NC-D

Drums Alive Summer Break
until September

Duplicate Bridge 12-3p NC-D

Samba (Cards) 12-4:00p
NC-D

Silver Sneakers Circuit
12:30-1:30p R-\$

Euchre 1-3:30p NC-D

Bridge1-3:00pm NC-D

Bluegrass Festival 5-8p Aug 14

Saturdays

Foot & Nail Clinic 8a- 12p
R-\$ *Aug 15

NFB Support Group 10-11:45a Aug 8

USS Jammers 10-11:30a NC-D

Retro Splash Summer Break
until September

Advanced Pickleball

M, F 7:00a-10:00a

M 4:00p- 6:30p

T 12:00p-1:30p

W 7:00a-11:00a

Novice Pickleball

M 12:00p - 1:30p

W 4:30p - 6:30p

TH* 10:30a -1:00p

F 10:00a - 12:00p

Intermediate Pickleball

M 1:30p - 4:00p

T 4:30p - 6:30p

TH 1:00p - 4:00p

F 12p - 3:30p

Intro to Pickleball

W 3:00p - 4:30p

August 5th

Pickleball Drills

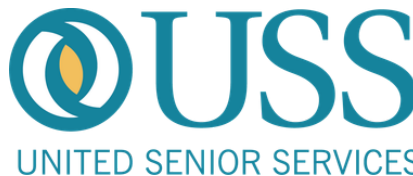
W 3-4:30pm

August 19th

Open Court Pickleball

T, TH 7:00a - 8:30a

S 8:00a -11:15a



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Sat 8:00 am - 12:00 pm

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Cafe Lunch

M - F 11:00a-1:00p

Billiards

M, T, W, TH 7:00a-6:45p
F 7:00a-4:15p
S 8:00a-11:45a

Fitness Center

M, T, W, TH 7:00a-6:45p
F 7:00a-4:15p
S 8:00a-11:45a

Ping Pong

M, T, W, TH 7:00a-6:45p
F 7:00a-4:15p
S 8:00a-11:45a

LP Open Swim

M, T, TH, F 7:30a-9:00a
M 10:00a-6:00p
T 10a-1p & 2p-6p
W 7:30a-6:30p
TH 10a-1p, 2p-4p & 5:00p-6:00p
F 10:00a-3:00p
S 8:30a-10:00a

WWP Open Swim

M 7:30a-11a & 12p-6p
T 7:30a-9a
T 12-1p & 2p-6:30p
W 7:30a-9a & 10a-6p
TH 7:30a-2p
F 7:30a-3p
S 8:30a-11a

Mondays

Water Aerobics 9-10a R-\$
Blocks to Blankets 10-12p NC-D *Sept 14 & 28
Let's Get Moving 10:30-11:30a NC-D
Land Arthritis M/W 10:30-11:30a NC-R
WWP Volleyball 11-12p R-\$
Ladies Who Lift 11:30-12:30p R-\$
Duplicate Bridge 12p-3p NC-D
Garden Club 12:30-1:30p NC-D *Sept 14
UNO/Phase 10 1-3p NC-D
Tai Chi 2-4p NC-D
Book Club 3-4:30p NC-R *Sept 28*Paper Girl by Beth Macy
Singles Group 4-6p NC-D *Sept 28*
Self Defense 5-6:30p R-\$

USS Closures

September 5 th & 7 th Labor Day

Tuesdays

Yoga Hatha 8:30-9:30a R-\$
Water Aerobics 9-10a R-\$
Full Body Exercise 9-10:15a NC-D
Chair Yoga 9:30-10:30a R-\$
Land Arthritis T/TH 10:00-11:00a NC-R
Moving With Music 10:30-11:30a NC-D
Bid Euchre 11:30-4p NC-D
USS Jammers 11:30-1:30p NC-D
Friendly Euchre 12-3p NC-D
Pinochle 12-3:30p NC-D
Long Arm Quilting 1-6p R-\$
Mahjong 1-3p NC-D
Water Arthritis T/TH 1-2p NC-R
Chair Volleyball 2-4p NC-D
Parkinson's Exercise 2-3p NC-D
Drums Alive 4-5p R-\$

Wednesdays

Warm Water Aquatics 9-10a R-\$
Vintage Voices 9a-11a NC-D
Land Arthritis M/W 10:30-11:30a R-\$
Ladies Who Lift 11:30a-12:30p R-\$
Bingo 1-3:30p D-\$
Crafting Group 1-3p NC-D
Card Making Club 1-3:30p NC-D *Sept 9 & 23*
Samba (Cards) 1-5p NC-D
EnerChi (Silver Sneakers) 4:15-5:15p NC-D
Support Group-Diabetes- 5:30-6:30p Sept 2
Support Group -Alz/Caregiver 5:30-6:30p Sept 9

Education

Mercy Health Lunch & Learn Sept 6, 12-1 pm Stroke Prevention, Stroke Care, and life after having a stroke Amy Ross- NP
Kathryn Metz- Heating Updates
Sept 29 2-3p

Thursdays

Water Aerobics 9-10a R-\$
Full Body Exercise 9-10:15a NC-D
Tai Chi 10-12p NC-D
Land Arthritis T/TH 10:00-11:00a NC-R
Hand & Foot Cards 11-4p NC-D
USS Jammers 11:30-1:30p NC-D
Cribbage 12:30-2:30p NC-D
Pinochle 12-3:30p NC-D
Water Arthritis T/TH 1-2p NC-R
Jigsaw Puzzle Group 1-6:45p NC-D
Photo Club 3-4:30p NC-D *Sept 17
Parkinson's Exercise 2-3p NC-D
Retro Splash 4-5p R-\$
Yoga Hatha 3:45-4:45p R-\$
Chair Volleyball 4:45-6:45p NC-D

Fridays

Water Aerobics 9-10a R-\$
Hula Hoop Grp 9:30-10:30a Sept 11, 18, & 25th
Weaving 9:30-11:30a NC-D
Drums Alive 10:30-11:30p R-\$
Duplicate Bridge 12-3p NC-D
Samba (Cards) 12-4:30p NC-D
Silver Sneakers Circuit 12:30-1:30p R-\$
Euchre 1-3:30p NC-D
USS Dance 5-8p Sept 11

Saturdays

Foot & Nail Clinic 8a-12p R-\$ *Sept 19th
NFB Support Group 10-11:45a Sept 12th
USS Jammers 10-11:30a NC-D
Retro Splash 10:00-11:00a R-\$

Key

\$: Cost
D: Drop-in
NC: No Cost
R: Registration Required
WWP: Warm Water Pool
LP: Lap Pool

Advanced Pickleball

M, F 7:00a-10:00a
M 4:00p- 6:30p
T 12:00p-1:30p
W 7:00a-11:00a

Novice Pickleball

M 12:00p - 1:30p
W 4:30p - 6:30p
TH 10:30a -1:00p
F 10:00a - 12:00p
July 10th & 24th No Novice

Intermediate Pickleball

M 1:30p - 4:00p
T 4:30p - 6:30p
W 11:00a - 3:00p
TH 1:30p - 4:00p
F* 2:00p - 4:00p

Introduction to Pickleball

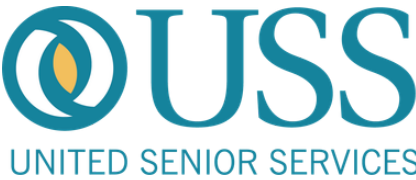
W 3:00p - 4:30p
*September 2

Pickleball Drills

W 3:00-4:30p
*September 16

Open Courts Pickleball

T, TH 7:00a - 8:30a
S 8:00a -11:15a



ENON AUGUST 2026



M O N	T U E	W E D	T H U	F R I
KEY \$: Cost D: Drop-In NC: No Cost R: Registration Required				
27 Billiards 9-3p NC-D Full Body Exercise 9a NC-D Hand & Foot Cards 12:30p NC-D Cornhole 12:30p NC-D Sunshine Singers 2:15p NC-D	28 Billiards 9-3p NC-D Mexican Train Dominoes 10a NC-D Euchre 1p NC-D	29 Billiards 9-3p NC-D Full Body Exercise 9a NC-D Congregate Meal 11-12p R\$ Desserts (GSV) (CDH) Games 12p NC-D	30 Billiards 9-3p NC-D Music Maestros 10a NC-D Hand & Foot Cards 12:30p NC-D Craft with De 1p NC-R (DS)	31 Chair Yoga 9a D-\$ Billiards 10:30a NC-D Stitches 11:30a NC-D Puzzle Group 11:30-3:30p NC-D
3 Billiards 9-3p NC-D Full Body Exercise 9a NC-D Hand & Foot Cards 12:30p NC-D Cornhole 12:30p NC-D Sunshine Singers 2:15p NC-D	4 Billiards 9-3p NC-D Mexican Train Dominoes 10a NC-D Euchre 1p NC-D	5 Billiards 9-3p NC-D Full Body Exercise 9a NC-D Congregate Meal 11-12p R\$ Desserts (GSV) (CDH) Games 12p NC-D	6 Billiards 9-3p NC-D Music Maestros 10a NC-D Hand & Foot Cards 12:30p NC-D Craft with De 1p NC-R (DS)	7 Chair Yoga 9a D-\$ Billiards 10:30a NC-D Stitches 11:30a NC-D Puzzle Group 11:30-3:30p NC-D
10 Billiards 9-3p NC-D Full Body Exercise 9a NC-D Cornhole 12:30p NC-D Hand & Foot Cards 12:30p NC-D Sunshine Singers 2:15p NC-D	11 Billiards 9-3p NC-D Crafts with Barb 10:30a NC-R (BM) Euchre 1p NC-D	12 Billiards 9-3p NC-D Full Body Exercise 9a NC-D Congregate Meal 11-12p R\$ Desserts (DS) (CDH) Chair Volleyball 1p NC-D	13 Billiards 9-3p NC-D Chair Moving with Music 10a NC-R (CH) Birthday Party 12:30p NC-R (VS/WR)	14 Chair Yoga 9a D-\$ Billiards 10:30a-3p NC-D Pillows 10:30a NC-D Stitches 11:30a NC-D Puzzle Group 11:30-3:30p NC-D
17 Billiards 9-3p NC-D Full Body Exercise 9a NC-D Hand & Foot Cards 12:30p NC-D Cornhole 12:30p NC-D Sunshine Singers 2:15p NC-D	18 Billiards 9-3p NC-D Mexican Train Dominoes 10a NC-D Euchre 1p NC-D	19 Billiards 9-3p NC-D Full Body Exercise 9a NC-D Congregate Meal 11-12p R\$ Desserts (FG) (CDH) Chair Volleyball 1p NC-D	20 Billiards 9-3p NC-D Music Maestros 10a NC-D Hand & Foot Cards 12:30p NC-D Clay Craft with Pam 1p NC-R (PC)	21 Chair Yoga 9a D-\$ Billiards 10:30 NC-D Stitches 11:30a NC-D Puzzle Group 11:30-3:30p NC-D
24 Billiards 9-3p NC-D Full Body Exercise 9a NC-D Cornhole 12:30p NC-D Hand & Foot Cards 12:30p NC-D Sunshine Singers 2:15p NC-D	25 Billiards 9-3p NC-D Dogs 101 10:00a NC-D (FF) Euchre 1p NC-D	26 Billiards 9-3p NC-D Full Body Exercise 9a NC-D Congregate Meal 11-12p R\$ Desserts (VHC) (CDH) Chair Volleyball 1p NC-D	27 Billiards 9-3p NC-D Potluck Picnic 12:30p NC-R Enon United Methodist Church (SMC) 135 S Harrison St. Enon Music Stooksberry DJs	28 Chair Yoga 9a D-\$ Billiards 10:30a-3p NC-D Pillows 10:30a NC-D Stitches 11:30a NC-D Puzzle Group 11:30-3:30p NC-D

A SPECIAL THANK YOU TO OUR MONTHLY SPONSORS

Good Shepherd Village (GSV) | Dayspring (DS) | Pam Cornette (PC) | Cherish Hospice (CH) | Forest Glen (FG) | Fulton's Finest (FF) | De Sturm (DS)

Wright Rehab (WR) | Springfield Masonic Community (SMC) | Vancrest Healthcare Center (VHC) | Villa Springfield (VS) | Carla D Henneman (CDH) | Barb Markeson (BM)

ENON SEPTEMBER 2026



MON	TUE	WED	THU	FRI
KEY \$: Cost D: Drop-In NC: No Cost R: Registration Required				
31 Billiards 9-3p NC-D Mexican Train Dominoes 10a NC-D Euchre 1p NC-D	1 Billiards 9-3p NC-D Mexican Train Dominoes 10a NC-D Euchre 1p NC-D	2 Billiards 9-3p NC-D Full Body Exercise 9a NC-D Congregate Meal 11-12p R\$ Desserts (GSV) (CDH) Games 12p NC-D	3 Billiards 9-3p NC-D Music Maestros 10a NC-D Hand & Foot Cards 12:30p NC-D Craft with Anna 1p NC-R (AM)	4 Chair Yoga 9a D-\$ Billiards 10:30a-3p NC-D Stitchers 11:30a NC-D Puzzle Group 11:30-3:30p NC-D
7 Closed for Labor Day	8 Snacks & Facts: Hearing Care for all Ohioans (Tim Cross) 10:30a NC-R (EHC) Billiards 12-3p NC-D Euchre 1p NC-D	9 Billiards 9-3p NC-D Full Body Exercise 9a NC-D Congregate Meal 11-12p R\$ Desserts (DS) (CDH) Chair Volleyball 1p NC-D	10 Billiards 9-3p NC-D Chair Moving with Music 10a NC-D (CH) Birthday Party 12:30p NC-R (VS/WR)	11 Chair Yoga 9a D-\$ Billiards 10:30a-3p NC-D Pillows 10:30a NC-D Stitchers 11:30a NC-D Puzzle Group 11:30-3:30p NC-D
14 Billiards 9-3p NC-D Full Body Exercise 9a NC-D Cornhole 12:30p NC-D Hand & Foot Cards 12:30p NC-D	15 Billiards 9-3p NC-D Mexican Train Dominoes 10a NC-D Euchre 1p NC-D	16 Billiards 9-3p NC-D Full Body Exercise 9a NC-D Congregate Meal 11-12p R\$ Desserts (FG) (CDH) Chair Volleyball 1p NC-D	17 Billiards 9-3p NC-D Music Maestros 10a NC-D Hand & Foot Cards 12:30p NC-D Diamond Art Group 1p NC-R (DS)	18 Chair Yoga 9a D-\$ Billiards 10:30a-3p NC-D Stitchers 11:30a NC-D Puzzle Group 11:30-3:30p NC-D
21 Billiards 9-3p NC-D Full Body Exercise 9a NC-D Bridge 12p NC-R Cornhole 12:30p NC-D Sunshine Singers 2:15p NC-D	22 Snacks & Facts: Dementia Responding to Common Behaviors Guest Speaker: Susie Wilkins, RN 10:30a NC-R (DCH) Euchre 1p NC-D	23 Billiards 9-3p NC-D Full Body Exercise 9a NC-D Congregate Meal 11-12p R\$ Desserts (VHC) (CDH) Chair Volleyball 1p NC-D	24 Billiards 9-3p NC-D Fall Potluck 12:30p NC-R (SMC)	21 Chair Yoga 9a D-\$ Billiards 10:30a-3p NC-D Pillows 10:30a NC-D Stitchers 11:30a NC-D Puzzle Group 11:30-3:30p NC-D
28 Billiards 9-3p NC-D Full Body Exercise 9a NC-D Cornhole 12:30p NC-D Hand & Foot Cards 12:30p NC-D Sunshine Singers 2:15p NC-D	29 Billiards 9-3p NC-D Dogs 101 10:00a NC-D (FF) Euchre 1p NC-D	30 Billiards 9-3p NC-D Full Body Exercise 9a NC-D Congregate Meal 11-12p R\$ Desserts (FLH) (CDH) Chair Volleyball 1p NC-D		

A SPECIAL THANK YOU TO OUR MONTHLY SPONSORS

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 Wright Rehab (WR) | Springfield Masonic Community (SMC) | Vancrest Healthcare Center (VHC) | Villa Springfield (VS) | Carla D Henneman (CDH) | Barb Markeson (BM)

Earzlink Hearing Care (EHC) | First Light Homecare (FLH)



2027 USS TOURS

NEW TOUR ALERT!!

Costa Rica - Beyond Senses

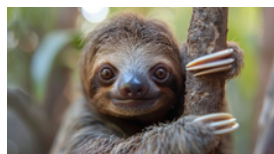
February 18 - 28, 2027

Special Preview: Tuesday, August 25, 11am

Activity level-Moderate to Heavy

This 10-night itinerary includes San Jose, Poas Volcano National Park, Arenal hanging bridges, Sloth Tour, La Fortuna hot springs, Monteverde, Jaco and Manuel Antonio National Park and more!

Tour Fare: COMING SOON!



NEW TOUR ALERT!!

Norwegian Prima Caribbean Cruise

March 13 - 21, 2027

Special Preview: Friday September 18, 11am

Activity level-Moderate

This itinerary is the ultimate blend of European charm and tropical adventure. It perfectly balances the vibrant history and dramatic desert landscapes of the Southern Caribbean with the lush, mountainous beaches and legendary duty-free shopping of the Eastern Caribbean. Cruising to these four unique destinations, Tortola-British Virgin Islands, St. Thomas-US Virgin Islands, Willemstad, Curaçao and Oranjestad, Aruba can be described as a dynamic journey of contrasts. Depart from San Juan, a city alive with vibrant hues and island rhythms on a 7-day journey through the Caribbean. Find your happy place on board Norwegian Prima – and onshore the beautiful destinations you visit! In Aruba, go for a stroll and discover the charming sherbet-colored Dutch colonial buildings, draped in bougainvillea, oleander and hibiscus. Water lover? Splash the day away along the shoreline of a secluded beach in Curacao or dive right in and snorkel beside tropical fish of every color. Each destination unveils its own story, leaving you with memories that hum with the warmth and soul of the Caribbean.

Tour Fare: COMING SOON!

More information about USS Travel available at
ussohio.org/travel,
at USS
125 W. Main St.,
Springfield, OH
or by contacting
Cindy Lockwood at
937-521-3009 or clockwood@ussohio.org



2026 USS TOURS

Discover the Wonders of Iceland

September 30-October 6, 2026

Activity level-Moderate to Heavy

Experience the “land of fire and ice”! Visit the National Museum of Iceland, explore Skogar Folk Museum and see traditional turf-built homes. Journey along Iceland’s spectacular South Shore and experience some of the country’s most dramatic natural wonders. Marvel at the stunning Seljalandsfoss waterfall. Walk on a black sand beach famous for its dramatic basalt columns and Reynisdrangar sea stacks. Visit a UNESCO World Heritage Site-the remarkable Pingvellir National Park along with a full day excursion to the stunning Snaefellsnes Peninsula. Join an expert crew and marine biologist guides on a whale watching cruise into Faxaflói Bay. No trip to Iceland is complete until you venture out after dark on a Northern Lights hunt in search of the elusive dancing lights.

Tour Fare: \$5049 per person (2 in a room)



Discover Nashville Favorites

November 3-7, 2026

Activity level-Moderate

Discover Nashville, Tennessee, a musical mecca known for producing some of country music's greatest icons. Stroll through downtown Nashville and you'll be delighted by the sounds of twangy guitars spilling out from humming honky-tonks. Nashville's musical legacy is well-established and world renowned. Whether your interest lies in country's early roots or catching a performance from today's up-and-comers, you'll be moved by the artistry found here. Join us on this 5-day tour and see why Nashville is called America's "Music City". Highlights of this tour include the Grand Ole Opry, the General Jackson, Country Music Hall of Fame, RCA Studio B, Belle Meade Plantation, Jack Daniels Distillery and much more.

Tour Fare: \$1869 per person (2 in a room)



Biltmore Christmas

December 3-6, 2026

Activity level-Easy to Moderate

Immerse yourself in the yuletide oasis know as Christmas at Biltmore, where fragrant wreaths, glittering garland, and thousands of sparkling ornaments fill you with joy and wonder. The Biltmore house is dazzling by day, and Antler Hill Village becomes even more magical during Candlelight Christmas Evenings that will take you back in time to the very first Christmas at Biltmore House in 1895. Gently illuminated by candles, the air is filled with the scent of fresh pine, the sound of crackling fireplaces and a feeling of childlike wonder.

Tour Fare: \$2399 per person (2 in a room)

USS extended tours include:

Round trip local airport transfers and airfare (if tour involves flight); deluxe motor coach transportation; lodging; most meals; all attractions & entrance fees per itinerary; baggage handling; professional tour manager; & gratuities for baggage handling, drivers local guides and tour manager.

Pasadena Tournament of Roses Parade

December 29, 2026 - January 2, 2027

Activity level-Moderate to Heavy

The Rose Parade, a 138-year tradition, brings residents and visitors together on New Year's Day to watch grand floats covered in flowers, spirited marching bands, and high-stepping equestrian units. The 2027 theme for the Tournament of Roses is "Welcome," celebrating the joy of belonging and embracing community. Highlights of this tour include a tour of Catalina Island, visit to the making of the Rose Parade floats, a tour of Warner Bros. Studio, shopping in Old Town Pasadena, visit to the Santa Monica Pier, reserved seats at the Rose Parade's halfway point, shopping at the Los Angeles Farmers Market, and dinner at famous The Tam O'Shanter Inn.

Tour Fare: \$3349 per person (2 in a room)

2026 USS Day Trips

Head to Tail Longhorn Tour

September 23 - \$155 per person

Outdoors Ohio

October 15 - \$99 per person

Fall Snooty Fox

November 12 - \$80 per person



AmeriCorps Seniors

Retired and Senior Volunteer Program

Volunteers Needed at Partner Sites!

Restoration Park Church: Medway, Ohio

reStore: Sorting donation items
(HELP much needed)



Animal Welfare League Thrift: Springfield

Sort Donations and assist customers

Clark County Literacy Center: Springfield

Help tutor children in various subjects like English, Math and English (as a second language).

Please contact RSVP by calling (937) 324-5705 or stop in the office if you are interested in joining any of these partner sites in need!

AmeriCorps 9/11 Day of Service (25th Anniversary)

We are thrilled to announce our 2026 9/11 memorial service project. For this years special 25th Anniversary, AmeriCorps Seniors RSVP of Clark and Madison Counties will be hosting a day of service at the Clark County Fairgrounds. This day will encompass a blood drive, a stationary table to make cards and write letters to victims and first responders, and a care package assembly station to honor and appreciate our local first responders. Please call RSVP ahead to reserve a blood donation spot if interested!

This day of service will take place in the Mercantile building at the Clark County Fairgrounds on Friday, September 11th 2026. The blood drive will run from 10 am until 2 pm with all other service activities taking place at the same time and location. Contact RSVP to sign up!



RSVP is sponsored by United Senior Services of Springfield, Ohio and is funded by federal funds through ameriCorps, and by local matching funds in Clark and Madison Counties.



RSVP Spotlight: Springfield Soup Kitchen

The Springfield Soup Kitchen has been an AmeriCorps Seniors RSVP volunteer site for many years beginning in 2016. They have been serving the Springfield Community since 2007 providing countless meals to hungry citizens. Volunteers prepare the food, serve the meal, and clean up when everyone is finished. Soup Kitchen Manager Alisa White says that “We really appreciate our volunteers at the Springfield Soup Kitchen. They handle just about every job you can think of. We clean, organize pantry items, make hygiene kits, cook, do dishes and serve dinner to the needy in our community. We also have a lot of fun doing it. As the manager I’m especially grateful for the help of these volunteers. We couldn’t manage without them.”

Thank you to all of our Soup Kitchen volunteers for all of your hard work and dedication. You have made Springfield a better place.



Social Support Groups

August 2026

Date	Activity	Register	Fee	Level
3	Amity Wellness			Low
4	Paper Mache jars	●		Low
6	HEAP & PIPP Presentation	●		Low
7	Buc-ee's Grp 3	●	●	M-H
10	Manicures			Low
11	Music with Art			Low
13	Popcorn Tasting			Low
17	Mind Games			Low
18	Birthday Bingo			Low
20	Purse Charms	●		Low
21	Young's Jersey Dairy Grp1	●	●	M-H
24	Wheel of Fortune			Low
25	Chair Yoga			L-M
27	Shaved Ice			Low
28	Burlington Coat Factory, Ross, Gabes in Beaver Creek Grp 1	●	●	M-H
31	Basketball Machine			Mod

September 2026

Date	Activity	Register	Fee	Level
1	Chair Soccer			Mod
3	Burlington Coat Factory, Ross, Gabes in Beaver Creek Grp 2	●	●	M-H
4	Social Rhythms-Drums Alive 11:30-12:15			M-H
8	Birthday Bingo			Low
10	Young's Jersey Dairy Grp2	●	●	M-H
11	Social Rhythms-Drums Alive 11:30-12:15			M-H
15	Amity Wellness			Low
16	Chair Volleyball with Preschoolers 11:00am-12:00pm			M-H
17	Grandpa Joes & Charlo's Grp1	●	●	M-H
18	Social Rhythms-Drums Alive 11:30-12:15			M-H
21	Manicures			Low
22	Mosaic Alcohol Ink on Canvas	●		Low
24	Grandpa Joes & Charlo's Grp2	●	●	M-H
25	Social Rhythms-Drums Alive 11:30-12:15			M-H
28	Jeopardy			Low
29	Chair Yoga			Mod

Activity Levels Key:

L-M: Low to Moderate

MOD: Moderate

M-H: Moderate to High

The Social Support Group has designed group activities for older adults who are feeling isolated and want opportunities to spend time with peers. For more information call Tracy at 937-521-3010.

Support Groups

USS Support Groups – For More Info call 937-323-4948

USS offers a variety of free support groups hosted at our Downtown location. Each group is open to the public, held in partnership with trusted community organizations and provides education, resources and a safe space to connect with others in similar situations.

Caregiver Support Group

USS partners with the Alzheimer's Association of Miami Valley to provide a support group for any caregivers in the Clark County Community. Meetings take place on the second Wednesday of each month from 5:30-6:30 pm. Upcoming meetings: **August 12th & September 9th**. An educational hour will be included both dates from 4:30–5:30 PM prior to the meeting. Respite care is provided by calling 937-323-4948 x116. If you are unable to attend this group, please contact the Alzheimer's Association directly at 937-610-7010 for more information and resources.

Diabetes Support Group

USS, in partnership with the Clark County Combined Health District (CCCHD), offers a monthly support group for individuals living with prediabetes, diabetes, and their caregivers. The group is open to the public and meets on the first Wednesday of each month, February through November, from 5:30–6:30 PM. Upcoming meetings: **August 5th & September 2nd**.

Visually Impaired Support Group

Offered in partnership with the National Federation of the Blind, this group is for individuals with any level of visual impairment. Meetings take place on the second Saturday of the month from 10:00-11:45 am. Upcoming meetings: **August 8th & September 12th**. Open to the public.

Grief Support Group – Beginning May 19

Losing a loved one can feel overwhelming, but you do not have to walk through grief alone. Ongoing support group meetings are held on the third Tuesday of each month. The next meeting will be **August 18th** from 5:30–6:30 PM. The following meeting on **September 15th** will include an educational hour from 4:30–5:30 PM, followed by supportive group time from 5:30–6:30 PM. The group is led by Catherine Hinkle, FNP-C, Certified Holistic Wellness Coach, Practical Reiki Master/Instructor, and RYT-200 Yoga Instructor, who brings a gentle, holistic approach to supporting older adults through life's transitions. All are welcome.

UNITED SENIOR SERVICES

www.ussohio.org

125 W Main St

Springfield, OH 45502

937-323-4948

USS DOWNTOWN HOURS:

Mon-Thurs 7:00 am - 7:00 pm

Fri 7:00 am - 4:30 pm

Sat 8:00 am - 12:00 pm

BETHEL TOWNSHIP

11200 Gerlaugh Rd

Medway, OH 45341

937-323-4948

ENON SATELLITE

7571 Dayton-Springfield Rd

Enon, OH 45323

937-863-0043

USS SERVICES

Benefits Counseling Caring

Services Advocacy Health

Outreach

Home Modifications &

Repairs

In-Home Services

Meal Services

Recreation & Education

Respite Services

Support Groups

Transportation

Travel Programs

Volunteer Opportunities

MISSION

Our mission is to enhance the lives of Clark County older adults by offering quality services that promote active, involved lifestyles and independent living.

Support Groups are open to the public and hosted at USS Downtown.



UNITED SENIOR SERVICES

Elderly United of Springfield & Clark County, Ohio, Inc.

125 W Main St

Springfield, OH 45502

Important Dates!



USS will be closed September 5 & 7 for Labor Day



Remaining 2026 Dances:

All dances will be held on Fridays and doors open at 4:45 pm

August 14th, tickets went on sale July 20th

Live Bluegrass/Country music by The Muleskinner Band

September 11th, tickets go on sale August 17th

October 9th, tickets go on sale September 14th

November 13th, tickets go on sale October 13th

December 11th, tickets go on sale November 16th

