

## Job Description: Lifeguard/Pool Monitor/Exercise Instructor

**DEPARTMENT:** Ed/Soc

**EMPLOYMENT STATUS:** Full Time

**SUPERVISOR:** Aquatics Coordinator

**LOCATION:** USS Downtown, 125 W Main St, Springfield, OH 45502

**POSITION SUMMARY:** Lifeguard will monitor the pool area, ensure the safety of members participating in aquatics activities, and maintain the pool and deck during and after pool use. Exercise Instructors lead, prepare for, and clean up equipment after scheduled fitness classes.

**ESSENTIAL FUNCTIONS:**

- Serve as lifeguard and monitor for lap pool and/or warm water therapy pool as assigned
- Actively monitor the safety of older adults during open swim, instructor led aquatics classes, and instructor led land-based classes
- Develop positive relationships, and provide motivational support and guidance to participants
- Follow Emergency Action Plan and notify proper channels in an emergency, if needed
- Maintain records of member use of pools and class attendance for each class
- Test pool water for proper chemical balances
- Report any maintenance issues to the Facilities Manager
- Maintain clean and safe pool deck and locker rooms including occasional mopping, emptying of trash, etc.
- Teach classes to members on specific days and times
- Communicate with Membership staff regarding scheduling of classes
- Other duties as assigned

**EDUCATION/TRAINING:** High school diploma or equivalent, current lifeguard, CPR and First Aid certificates (will certify and recertify on the job)

**KNOWLEDGE & SKILLS:** Verbal and written communication skills; Ability to speak to groups; Ability to work independently; Organized

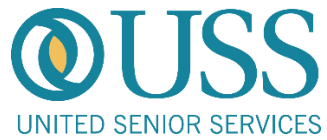
**PHYSICAL ABILITIES:** Hearing, sight, ability to speak clearly and ambulate without assistance are essential; must be able to lift and carry items weighing up to 20 lbs;

**MENTAL/PSYCHOLOGICAL ABILITIES:** Must be mentally alert and able to synthesize information and use independent judgment; must have strong interpersonal and communication skills, work effectively as part of a team serving a diverse range of individuals; Understanding and empathy for older adults.

**The normal work routine involves no exposure to blood, body fluids or tissues and the incumbent can decline to perform tasks that involve a perceived risk without retribution.**

***Equal Opportunity Employer***

*United Senior Services is committed to building and maintaining a community to reflect human diversity and to improve opportunities for all. The agency is committed to equal opportunity, affirmative action, and eliminating discrimination. This commitment is both a moral imperative consistent with a*



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*community-based service organization, as well as a matter of law. United Senior Services does not discriminate based on age, ancestry, skin color, disability, gender identity or expression, national origin, race, religion, sex, sexual orientation, or any other basis under the law, in its employment.*

**PRIOR EXPERIENCE:** 1 year of demonstrated relevant experience a plus. Certifications for exercise programs a plus. Personal Trainer certification and experience preferred.