

To heat meals: Slit film, microwave on HIGH for 3-5 minutes OR oven bake at 350 F, 20-30 minutes
Meal temperature when heated should be 165

Monday	Tuesday	Wednesday	Thursday	Friday
9/1/2026	9/2/2026	9/3/2026	9/4/2026	9/5/2026
Cowboy Beans	Bourbon Chicken, Steamed Rice	Smoked Pork Dijon	Egg Salad Sandwich	
Carrots, Cornbread	Corn, Raisins	Rice Pilaf w/Veggies, Carrots	Cream of Broccoli Soup, Chickpea Salad	
Apple, Milk	Milk	Applesauce, Milk	Apple, Milk	
Monday	Tuesday	Wednesday	Thursday	Friday
9/7/2026	9/8/2026	9/9/2026	9/10/2026	9/11/2026
Turkey & Cheese Wrap, Ranch Cup	Baked Cod, Macaroni and Cheese	Sloppy Joe w/Bun,	General Tso's Chicken	
Potato Salad, Dill Pickle Slices	Peas, Tartar Sauce	Roasted Sweet Potatoes	Rice, Stir Fried Veggies	
Orange, Milk	Pear, Milk	Green Beans, Orange, Milk	Orange, Milk	
Monday	Tuesday	Wednesday	Thursday	Friday
9/14/2026	9/15/2026	9/16/2026	9/17/2026	9/18/2026
Roast Turkey, Cornbread Stuffing	Polish Sausage, Mashed Potatoes	Baked Spaghetti with Tomatoes	Grilled Chicken Salad	BBQ Pulled Pork, Scalloped Corn
Gravy, Green Beans, Raisins	Sauerkraut, Lima Beans	California Blend, Garlic Toast	Ranch Dressing, Croutons	Beets, Bun
Milk	Applesauce, Milk	Pineapple, Milk	Banana, Milk	Apple, Milk
Monday	Tuesday	Wednesday	Thursday	Friday
9/21/2026	9/22/2026	9/23/2026	9/24/2026	9/25/2026
Italian Sub, Three Bean Salad	Hamburger, Bun, Cheese	Meatloaf, Mashed Potatoes	Swedish Meatballs over	Turkey Ham & Beans, Beets
Cole Slaw, Italian Dressing	Ketchup, Mustard, Baked Beans	Gravy, Lima Beans	Buttered Noodles, Mixed Veggies	Cornbread Muffin, Peach Cobbler
Orange, Milk	Broccoli, Banana, Milk	Raisins, Milk	Fruit Punch, Milk	Milk
Monday	Tuesday	Wednesday	Thursday	Friday
9/28/2026	9/29/2026	9/30/2026		Suggested Meal Contribution
Baked Ham, Twice Baked Potato	Chicken Salad on Wheatberry	Pizza Pasta, California Blend	Please be sure to call the office	\$2.50/ meal
Casserole, Green Beans	Potato Soup, Mixed Veggies	Garlic Toast	before 9 AM to cancel your meal!	
Applesauce, Milk	Banana, Milk	Orange, Milk	937-323-9688	Self Pay Rate
				\$5.00/ meal- Invoiced Monthly