UNITED SENIOR SERVICES
125 W Main St
Springfield, OH 45502
937-323-4948
www.ussohio.org

Activity Calendar: June 2024

Additional information available at the Welcome Center

USS DOWNTOWN
BUILDING HOURS:
Mon-Thurs 7:00am - 7:00pm
Fri 7:00am - 4:30pm
Sat 8:00am - 12:00pm

Mondays

Billiards.....7:00a - 7:00p...D-NC
Fitness Center.....7:00a - 7:00p...D-NC
Ping Pong.....7:00a - 7:00p...D-NC
Adv Pickleball.....7:00a - 9:30a...D-NC
LP Open Swim.....7:30a - 6:30p...D-NC
WWP Open Swim.....7:30a - 9:00a...D-NC
Foot & Nail Clinic.....8:30a - 4:00p..A-$
June 24th
WWP Aquatics Class...9:00a - 10:00a...R-$
Blocks to Blankets..10:00a - 12:00p...D-NC
June 3rd & 17th
Hula Hoop Group...10:00a - 11:00a...D-NC
WWP Open Swim...10:00a - 11:00a...D-NC
Let's Get Moving.....10:30a - 11:30a...D-NC
Congregate Meals.....11:00a - 1:00p
Duplicate Bridge.....12:00p - 3:00p...D-NC
WWP Open Swim.....12:00p - 6:30p...D-NC
Pickleball for Novice...1:00p - 3:00p...D-NC
Uno/Phase 10.....1:00p - 3:00p...D-NC
Snacks & Facts.....2:00p - 3:00p...R-NC
June 24th
Tai Chi.....2:00p - 4:00p...D-NC
Int Pickleball.....3:00p - 5:00p...D-NC
Adv Pickleball.....5:00p - 7:00p...D-NC

KEY
$: Cost **NC**: No Cost
D: Drop-in
R: Registration Required
A: Appointment Required
WWP: Warm Water Pool
LP: Lap Pool
Int: Intermediate Adv: Advanced

Tuesdays

Billiards.....7:00a - 7:00p...D-NC
Fitness Center.....7:00a - 7:00p...D-NC
Ping Pong.....7:00a - 7:00p...D-NC
LP Open Swim.....7:30a - 9:00a...D-NC
WWP Open Swim.....7:30a - 9:00a...D-NC
Alzheimer's Education.....10:00a - 11:00a
...D-NC *June 18th* *See page 4*
Alz. Assoc. Office Hours.....11:00a - 2:00p
...D-NC *June 18th*
LP Open Swim.....10:00a - 6:30p...D-NC
Moving with Music...10:30a - 11:30a..D-NC
Congregate Meals.....11:00a - 1:00p
Agawa Canyon Tour Preview
....11:00a - 12:30p...D-NC *June 11th*
Hawaii Tour Preview.....11:30a - 1:00p
...D-NC *June 18th*
Bid Euchre.....11:30a - 2:30p...D-NC
Friendly Euchre.....12:00p - 2:30p...D-NC
Pinochle.....12:00p - 3:30p...D-NC
USS Jammers.....12:00p - 1:30p...D-NC
WWP Open Swim.....12:00p - 1:00p..D-NC
Long Arm Quilting.....1:00p - 6:00p...A-$
Mah Jongg.....1:00p - 3:00p...D-NC
Chair Volleyball.....2:00p - 4:00p...D-NC
Parkinson's Exercise...2:00p - 3:00p...D-NC
WWP Open Swim.....2:00p - 6:30p...D-NC
Adv Pickleball.....4:30p - 7:00p...D-NC

Wednesdays

Billiards.....7:00a - 7:00p...D-NC
Fitness Center.....7:00a - 7:00p...D-NC
Ping Pong.....7:00a - 7:00p...D-NC
Adv Pickleball.....7:00a - 9:30a...D-NC
LP Open Swim.....7:30a - 6:30p..D-NC
WWP Open Swim.....7:30a - 9:00a..D-NC
Long Arm Quilting.....9:00a - 1:00p...A-$
Vintage Voices.....9:00a - 11:00a...D-NC
Blood Glucose Screenings 10:00a - 12:00p
...D-NC *June 12th*
Blood Pressure Screenings..10:00a-12:00p
...D-NC *June 5th & 26th*
Hula Hoop Group...10:00a - 11:00a...D-NC
WWP Open Swim....10:00a - 6:30p...D-NC
Congregate Meals.....11:00a - 1:00p
Bingo.....1:00p - 3:30p...D-$
Card Making Club.....1:00p - 4:00p...D-NC
June 12th & 26th
Crafting Group.....1:00p - 3:00p...D-NC
Int Pickleball.....1:00p - 3:00p...D-NC
Samba (Cards).....2:00p - 5:00p...D-NC
Pickleball Lessons.....3:00p - 4:00p...R-NC
Pickleball for Novice..4:00p - 7:00p...D-NC
Caregiver Support.....4:00p - 6:30p...D-NC
June 12th *See page 15*
Diabetes Support.....5:30p - 6:30p...D-NC
June 5th *See page 15*
USS will be closed on June 19th

Activity times, dates, and rooms are subject to change.

Thursdays

Billiards.....7:00a - 7:00p...D-NC
Fitness Center.....7:00a - 7:00p...D-NC
Ping Pong.....7:00a - 7:00p...D-NC
LP Open Swim.....7:30a - 9:00a...D-NC
WWP Open Swim.....7:30a - 1:00p...D-NC
Poker.....9:00a - 3:00p...D-NC
LP Open Swim.....10:00a - 6:30p...D-NC
Tai Chi.....10:00a - 12:00p...D-NC
Congregate Meals.....11:00a - 1:00p
Pickleball for Novice 11:00a-1:30p...D-NC
MH Lunch & Learn.....12:00p - 1:00p
...R-NC *June 6th*
Pinochle.....12:00p - 3:30p...D-NC
USS Jammers.....12:00p - 1:30p...D-NC
Hand & Foot (Cards)..1:00p - 4:00p...D-NC
USS Annual Report...1:30p - 3:00p...R-NC
June 27th *See page 3*
Int Pickleball.....1:30p - 4:30p...D-NC
Senior Living Resource Fair..1:30p - 3:00p
...R-NC *June 13th* *See page 3*
Jigsaw Puzzle Group 2:00p - 6:45p...D-NC
Parkinson's Exercise..2:00p - 3:00p...D-NC
Photo Club.....3:00p - 4:30p...D-NC
June 6th & 20th
Chair Volleyball.....4:45p - 6:45p...D-NC
Stroke Support.....5:30p - 6:30p...D-NC
June 6th *See page 15*

See Paid Activities flyer at Welcome Center each month for additional activities.

Fridays

Billiards.....7:00a - 4:30p...D-NC
Fitness Center.....7:00a - 4:30p...D-NC
Ping Pong.....7:00a - 4:30p...D-NC
Adv Pickleball.....7:00a - 9:30a...D-NC
LP Open Swim.....7:30a - 3:00p...D-NC
WWP Open Swim.....7:30a - 3:00p...D-NC
Weaving.....9:30a - 11:30a...D-NC
Hula Hoop Group....10:00a - 11:00a...D-NC
Pickleball Skills.....10:00a - 12:00p...R-NC
June 14th & 28th
Congregate Meals.....11:00a - 1:00p
Hula Dance.....11:00a - 12:30p...D-NC
Duplicate Bridge.....12:00p - 3:00p...D-NC
Samba (Cards).....12:00p - 4:30p...D-NC
Euchre.....1:00p - 3:30p...D-NC
Thirty One (Cards).....1:00p - 3:30p...D-NC
June 7th
Adv Pickleball.....2:30p - 4:30p...D-NC

Saturdays

Billiards.....8:00a - 12:00p...D-NC
Fitness Center.....8:00a - 12:00p...D-NC
Ping Pong.....8:00a - 12:00p...D-NC
Int Pickleball.....8:00a - 10:00a...D-NC
LP Open Swim.....8:30a - 11:30a...D-NC
WWP Open Swim.....8:30a - 11:30a...D-NC
Craft.....9:00a - 11:00a...R-$
Vets Coffee Hour.....9:00a - 10:00a...R-NC
June 8th *See page 7*
Adv Pickleball.....10:00a - 12:00p...D-NC
USS Jammers.....10:00a - 11:30a...D-NC