

The Center Page

Springfield and Clark County's Resource for People Age 55 and Better

OCTOBER/NOVEMBER 2023

Clark County
Senior Services
Levy Info
see pgs 2-3

UNITED SENIOR SERVICES

www.unitedseniorservices.org
125 W Main St
Springfield, OH 45502
937-323-4948

USS DOWNTOWN HOURS:

Mon-Thurs 7:00am - 7:00pm

Fri 7:00am - 4:30pm

*Sat 8:00am - 12:00pm

NEW CARLISLE SATELLITE

1216 W Lake Ave
New Carlisle, OH 45344
937-845-2080

ENON SATELLITE

7571 Dayton-Springfield Rd
Enon, OH 45323
937-863-0043

DIRECTORS

- Darryl Bauer
- Brad Boyer
- Joti Carson
- Connie Craig
- George Degenhart
- Mark Elliott
- Wendy Ford, Secretary
- Michele Hemphill
- Sarah Lemon
- Charlie Morris
- Dan O'Keefe
- Joy Rogers, President
- Arlin Par Tolliver, Vice President
- Mike Trempe
- Chris Wells, Treasurer
- Maureen Fagans, CEO

USS services and programs are made possible by funding provided by the Clark County Senior Services Levy, Title III grants under the Older Americans Act administered by the Ohio Department of Aging through the Area Agency on Aging PSA2, Mental Health Recovery Board of Clark, Greene & Madison Counties, Corporation for National and Community Service, Ohio Department of Transportation, Clark County Department of Job & Family Services, Springfield Foundation, Community Health Foundation, United Way of Clark, Champaign & Madison Counties, member fees and donations. USS is non-discriminatory in services and employment, and facilities are accessible to all people.

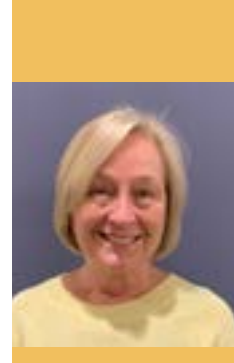
Cover Photos By:

Nancy Flinchbaugh

Center Page Editor:

Jenna Bluemlein

Director's Corner



Dear Members and Friends,

The renewal of the **Clark County Senior Services Levy** is on the ballot this fall and I am asking for your vote at the ballot box. The Clark County Senior Services Levy is a 1.4 mil **renewal tax** on the November 7th general election ballot. It is for the benefit and support of Clark County older adults, providing and maintaining senior services and facilities by Elderly United of Springfield and Clark County, Inc., *doing business as* United Senior Services (USS).

USS has been in business since 1968 and a careful steward of the senior service levy since its inception in 1989. Today the levy supports thousands of our neighbors every year so that they may continue to live independently, and demand for services continues to grow.

- Today 33% of the Clark County population is 55 years old or better. As a result, USS is experiencing strong demand for our many services.
- This levy supports and maintains services essential to healthy independent living such as meals, transportation, in-home care, home modifications, and many other programs.
- The levy creates a stable base to subsidize our federal and state grants, support our senior centers upkeep, and respond to emerging needs of our older population.
- USS is a trusted, local resource. In a 2022 Clark County community survey, 67% of our eligible population say they will call USS first when they have a need.
- The estimated tax is \$49/year for a property appraised at \$100,000 by the Clark County Auditor. Market value fluctuations does not affect this tax.

The Senior Services RENEWAL LEVY is not a new tax. It does not increase your taxes.

Help us to continue to support older Clark Countians. Passing this levy is not possible without the loyal support of our community and voters like you. You can learn more about this levy and ways to get involved at www.supportseniorservices.com or by reaching out to me. I appreciate your consideration.

Thank you for the opportunity,

Maureen Fagans, AICP

Executive Director/CEO

Looking for another way to show your support of USS? We're excited to offer new USS t-shirt designs available for purchase with Cortney in Member Services! Stop by USS to get yours today!

What's NEW ↓

USS Halloween Carnival

USS is excited to announce we will be hosting a Halloween Carnival this year! Join us on **Tuesday, October 31st at 1:30pm** for carnival games, pumpkin carving contest, costume contest, prizes, and light refreshments. Reservations are required by calling the Welcome Center at 937-323-4948 no later than Monday, October 23rd. Upon registration, notify us of your intention to participate in the costume contest. If you plan to participate in the pumpkin carving contest, drop your pumpkin off anytime on Monday, October 30th or Tuesday, October 31st before the event to be eligible. This event is sponsored by **Northwood Skilled Nursing & Rehabilitation**.



USS Veterans' Day Event

Join us on **Friday, November 10th**, as we honor our veterans! Donuts, coffee, and orange juice will be available at 10:00am in the lobby, followed by a pinning ceremony at 11:00am, where each registered veteran will be receiving a ceremonial pin, certificate, and honor bag to commemorate their service in the U.S. military. Due to limited space, you must be a veteran as well as a current USS member to attend. Reservations are required by calling the Welcome Center at 937-323-4948 no later than Wednesday, November 1st. This event is sponsored by **Crossroads Hospice, Grimes Kohl VFW Auxiliary 1031, Grimes Kohl VFW Post 1031, Northwood Skilled Nursing & Rehabilitation, and Richwood Bank**.

If you want to be included in a Veterans' slide show, which will be displayed at USS during the month of November, submit your name, rank, branch of service, and military photo to Cindy Lockwood at clockwood@unitedseniorservices.org or Mindy Allender at mallender@unitedseniorservices.org by Friday, October 27th.

USS Dances

The next two USS Dances will be on **Friday, October 20th** and **Friday, November 17th**. Dinner will be at 5:00pm and music will begin at 6:00pm. DJ's Mike and Amy Stooksberrys will be spinning the turntables at both of these events. There is a **\$5 fee** to attend either dance. Lee's Famous Recipe Chicken will provide dinner at the October Dance, and Carmae Catering will provide dinner at the November Dance.

Reservations can be made October 2nd - October 17th for the October dance and October 23rd - November 10th for the November dance with Cortney in Member Services at 937-323-4948 ext. 112. The October event is sponsored by **Springfield Masonic Community**.

Levy Coffee Convos

Please join us on **Friday, October 6th, 11:30am - 12:30pm** or **Tuesday, October 24th, 9:00am - 10:00am** for coffee and a conversation with Maureen Fagans, CEO about the upcoming *Clark County Senior Services Levy* that is on the ballot this November and how it affects USS programs and services.

Educational Opportunities ↓

USS Dinner & Discussion

Elder Abuse: Financial Scams Against Seniors
Presented by Kerri Brammer, Neighborhood Housing Partnership
Thursday, October 19th at 5:30pm

Scams targeting older adults are on the rise. These financial crimes can be devastating, often leaving victims with no way to recoup their losses. Protect yourself or your loved ones from financial abuse by becoming familiar with the most common scams and learning what to do if you suspect foul play. This event is sponsored by *Forest Glen Health Campus* and *Wooded Glen Health Campus*.

OVSH Lunch & Learn

Balance & Vestibular Therapy
Presented by Amanda Larabee, PT, DPT
Thursday, November 2nd at 12:00pm



USS welcomes Amanda to discuss the vestibular system. This will include vertigo, as well as post-concussion symptoms after falls and their relation to balance and fall risk. She will also discuss maneuvers and exercise therapy to improve those symptoms. This event is sponsored by *Villa Springfield*.

USS Lunch & Learn

Stress-Free Holiday
Presented by Jeannie Dafforn
Thursday, November 16th at 12:00pm

USS welcomes Jeannie to introduce how our behavior is directly linked to how we manage stress. This presentation will explore priorities, challenges, fears, and *why* we say “yes” too often. We will leave with practical tips to prioritize, plan, and reframe our thoughts around holiday activities. This event is sponsored by *Forest Glen Health Campus* and *Wooded Glen Health Campus*.

Mercy Health Lunch & Learn

Diet & Holiday Eating
Presented by DeAnna Carey, RN, LD
Thursday, December 7th at 12:00pm



November and December are full of gatherings and celebrations with special foods! Join USS & Mercy Health as DeAnna presents healthy eating on a budget for your crowd. She has been a registered dietitian for 15 years and is passionate about community connection and supporting others as they learn to manage chronic diseases through nutrition. This event is sponsored by *Villa Springfield*.

To reserve your spot for any of these events, please RSVP no later than one (1) week prior to the educational opportunity by calling the Welcome Center at 937-323-4948.

Medicare 2023

Open Enrollment:

Medicare Open Enrollment is approaching fast! USS will offer appointments with OSHIIP-trained benefits counselors during open enrollment (**October 15th – December 7th**).

Counselors provide Medicare beneficiaries with free, objective health insurance information, one-on-one counseling and education about Medicare, Medicare prescription drug coverage (Part D), Medicare Advantage options, and Medicare supplement insurance. If you do not need an in-person appointment, you may visit www.insurance.ohio.gov for additional Medicare resources or call 1-800-686-1578 to connect with an OSHIIP counselor by phone.

USS wants to make certain you have the resources you need to make important decisions about your Medicare Coverage for 2024! Please call the Welcome Center at 937-323-4948 to schedule your appointment with us.

Resource Event:

USS is partnering with *Mercy Health – Springfield* to have a Medicare 101 Resource Event on **Thursday, October 5th at 10:00am**. This event will start with a brief presentation and follow with a variety of Medicare plan representatives sharing their resources as you prepare for Open Enrollment. Registration is requested by visiting <http://bit.ly/medicare-101-event> by Tuesday, October 3rd.

This event is educational in nature; neither USS nor Mercy Health promotes or recommends one provider over another.

SAILL Updates

The fall term for the SAILL program is under way, but it's not too late to register for a few classes, including *Ethical Will Workshop*, *Reiki – Exploring the Mental & Emotional Benefits*, *Beginning Calligraphy*, and *Cake Decorating for Beginners*. Class descriptions can be found in the Fall SAILL Catalog, available at USS Downtown and on our website at www.unitedseniorservices.org/saill.



In partnership with the Margaret Ermarth Institute for the Public Humanities at Wittenberg University, there are two *Knowledge Shared* events to attend. Registration is not required.

Conspiracy Theories - November 8th, 6:00pm: Assessing Belief and Disbelief with Kelley Annesley at Clark County Public Library

Over Here - December 13th, 6:00pm: Springfield & Clark County's World War II Homefront Efforts with Natalie Fritz at the Heritage Center

Interested in something new? Class suggestions are always welcome! Interested in teaching a class? Contact Cindy Lockwood at clockwood@unitedseniorservices.org or 937-323-4948 ext. 140.

What's NEW ↓

Paid Activities

USS offers a range of activities to accommodate all members. Payments can be made 8:30am - 7:00pm, Monday - Thursday, or 8:30am - 4:30pm on Friday.

October:

The next series of paid activities starts the week of **Monday, October 2nd**. Payments for activities can be made beginning on the same day.

November/December:

The following series of paid activities starts the week of **Monday, November 6th**. Payments for activities can be made starting Monday, October 30th. Additional information will be available in mid-October.

Winter Saturday Hours at USS

USS is excited to announce that our downtown facility will be open on Saturdays for a winter trial period! **Starting Saturday, October 7th**, our downtown location will be open **8:00am - 12:00pm** for limited activities, including the aquatics center, fitness center, billiards, pickleball, and ping pong. The USS programming team will look at different activities to add to the schedule as member participation allows.

Please note: USS will be closed on the following Saturdays due to holidays: November 25th, December 23rd, December 30th, January 13th, and February 19th.

Veterans Coffee Hour

Veterans are invited to join USS and the Marine Corps League, Detachment 963, for coffee and donuts at USS downtown on **Friday, October 6th at 8:30am**. Join the group for conversation and friendship. Reservations are required by calling the Welcome Center at 937-323-4948 no later than Monday, October 2nd.

USS 2024 Membership Drive

It is hard to believe the time has come to begin another membership drive at USS. This year's drive will begin on **Wednesday, November 1st**; all those age 55 and better are eligible and welcome to join!

Clark County Residents: \$15 **Out of County Residents: \$50**

All members, NEW & RETURNING, must complete a 2024 Membership Form. Forms are available at our downtown, Enon, and New Carlisle centers or on our website, www.unitedseniorservices.org/membership.

Stop by our downtown lobby 8:30am - 7:00pm, Monday - Thursday or 8:30am - 4:30pm on Fridays to complete your 2024 Membership Form in person. USS staff and volunteers will be available to assist you during these times.

Service Project

Food Packing Event – with LNI, Wittenberg University Friday, November 3rd, 1:00pm - 3:00pm

Lesotho Nutrition Initiative (LNI) is a group at Wittenberg that packs meals across the Midwest and partners with organizations in Lesotho to combat childhood malnutrition by distributing meals. Lesotho is a small country in South Africa with high rates of children suffering from severe/chronic malnutrition. The meals LNI provides are proven to halt malnutrition and reverse the long-term effects.

If 65 people can join us, we will be able to pack **10,000 meals!** To reserve your spot, please RSVP at the Welcome Center by Wednesday, November 1st.

USS is asking for a **\$5 donation** per person to participate. Donations will go towards shipping the packed meals to Lesotho. Donations of any amount will be accepted until the conclusion of the event. *You do not have to be a USS member to participate.* To learn more about LNI, visit www.lesothonutritioninitiative.com. If you have questions about this event, contact Jenna Bluemlein at 937-323-4948 ext. 115.



Closed Days at USS

USS will be closed on **Thursday, November 23rd, Friday, November 24th, and Saturday, November 25th** for Thanksgiving. We hope you enjoy your holiday!

Holiday Gnome Craft

Home is where your gnome is! USS is hosting a make-it, take-it holiday gnome craft on **Wednesday, November 29th at 1:00pm**. Learn how to make festive gnomes using toilet paper rolls and yarn. This will be an easy and fun class, making gnomes from start to finish in a short time. There is a **\$10 materials fee** due at registration. Please register by calling Cortney in Member Services at 937-323-4948 ext. 112 no later than Wednesday, November 22nd.

Welcome, Aleyah Oliver!

USS is happy to welcome Springfield native, Aleyah Oliver to our team. Aleyah is our newest Community Health Worker. She works with clients to provide resources needed to live healthy, independent lives.

She is the youngest of 6 children and graduated from Springfield High School. She then graduated from Bowling Green State University with a B.A. in Psychology and a minor in Sociology. Aleyah is also a member of Delta Sigma Theta Sorority, Inc. where she serves as the Midwest Regional Representative.



Activity Calendar: October 2023

Additional information available at the Welcome Center

Mondays

Billiards.....7:00a - 7:00p...D-NC
Fitness Center.....7:00a - 7:00p...D-NC
Ping Pong.....7:00a - 7:00p...D-NC
Adv Pickleball.....7:00a - 9:30a...D-NC
LP Open Swim.....7:30a - 6:30p...D-NC
WWP Open Swim.....7:30a - 9:00a...D-NC
Foot & Nail Clinic.....8:30a - 4:00p...R-\$
 October 23rd
WWP Aquatics Class...9:00a - 10:00a...R-\$
Blocks to Blankets..10:00a - 12:00p...D-NC
 October 9th & 23rd
Hula Hoop Group...10:00a - 11:00a...D-NC
WWP Open Swim...10:00a - 11:00a...D-NC
Let's Get Moving....10:30a - 11:30a...D-NC
Bridge.....11:00a - 3:00p...D-NC
Congregate Meals.....11:00a - 1:00p
WWP Volleyball.....11:00a - 12:00p...R-\$
WWP Open Swim....12:00p - 6:30p...D-NC
Pickleball for Novice..1:00p - 3:00p...D-NC
Uno.....1:00p - 3:00p...D-NC
Tai Chi.....2:00p - 4:00p...D-NC
Int Pickleball.....3:00p - 5:00p...D-NC
Adv Pickleball.....5:00p - 7:00p...D-NC

Tuesdays

Billiards.....7:00a - 7:00p...D-NC
Fitness Center.....7:00a - 7:00p...D-NC
Ping Pong.....7:00a - 7:00p...D-NC
LP Open Swim.....7:30a - 9:00a...D-NC
WWP Open Swim.....7:30a - 9:00a...D-NC
Yoga.....8:30a - 9:20a...R-\$
Focus on Fitness.....9:00a - 10:15a...R-\$
LP Water Aerobics.....9:00a - 10:00a...R-\$
Chair Yoga.....9:30a - 10:20a...R-\$
Alz. Assoc. Office Hours.....10:00a - 1:00p
 ...D-NC *October 17th*
LP Open Swim.....10:00a - 12:00p...D-NC
Moving with Music...10:30a - 11:30a...D-NC
Computer Help.....11:00a - 1:00p...A-NC
Congregate Meals.....11:00a - 1:00p
Bid Euchre.....11:30a - 2:30p...D-NC
Friendly Euchre.....12:00p - 3:00p...D-NC
Pinochle.....12:00p - 3:30p...D-NC
USS Jammers.....12:00p - 1:30p...D-NC
Long Arm Quilting.....1:00p - 6:00p...A-\$
LP Open Swim.....1:00p - 6:30p...D-NC
Mah Jongg.....1:00p - 3:00p...D-NC
WWP Aquatics Class....1:00p - 2:00p...R-\$
Halloween Carnival....1:30p - 3:30p...R-NC
 October 31st *See page 3*
Chair Volleyball.....2:00p - 4:00p...D-NC
Parkinson's Exercise...2:00p - 3:00p...D-NC
WWP Open Swim.....2:00p - 6:30p...D-NC
Adv Pickleball.....4:30p - 7:00p...D-NC

Wednesdays

Billiards.....7:00a - 7:00p...D-NC
Fitness Center.....7:00a - 7:00p...D-NC
Ping Pong.....7:00a - 7:00p...D-NC
Adv Pickleball.....7:00a - 9:30a...D-NC
LP Open Swim.....7:30a - 6:30p...D-NC
WWP Open Swim.....7:30a - 9:00a...D-NC
Long Arm Quilting.....9:00a - 1:00p...A-\$
Vintage Voices.....9:00a - 11:00a...D-NC
WWP Aquatics Class..9:00a - 10:00a...R-\$
Blood Glucose Screenings 10:00a - 12:00p
 ...D-NC *October 4th*
Blood Pressure Screenings..10:00a-12:00p
 ...D-NC *October 18th*
Hula Hoop Group...10:00a - 11:00a...D-NC
WWP Open Swim....10:00a - 6:30p...D-NC
Congregate Meals.....11:00a - 1:00p
Bingo.....1:00p - 3:30p...D-\$
Card Making Club.....1:00p - 4:00p...D-NC
 October 11th & 25th
Crafting Group.....1:00p - 3:00p...D-NC
Int Pickleball.....1:00p - 3:00p...D-NC
Pickleball Lessons....3:00p - 4:00p...D-NC
Pickleball for Novice..4:00p - 7:00p...D-NC
Diabetes Support.....5:30p - 6:30p...D-NC
 October 4th *See page 15*

Activity times, dates, and rooms are subject to change.

Thursdays

Billiards.....7:00a - 7:00p...D-NC
Fitness Center.....7:00a - 7:00p...D-NC
Ping Pong.....7:00a - 7:00p...D-NC
LP Open Swim.....7:30a - 9:00a...D-NC
WWP Open Swim....7:30a - 1:00p...D-NC
Focus on Fitness.....9:00a - 10:15a...R-\$
Poker.....9:00a - 3:00p...D-NC
LP Water Aerobics....9:00a - 10:00a...R-\$
LP Open Swim.....10:00a - 12:00p...D-NC
Medicare Event....10:00a - 12:00p...D-NC
 October 5th
Tai Chi.....10:00a - 12:00p...D-NC
Congregate Meals.....11:00a - 1:00p
Pickleball for Novice 11:00a-1:30p...D-NC
MH Lunch & Learn.....12:00p - 1:00p
 ...R-NC *October 5th*
Pinochle.....12:00p - 3:30p...D-NC
USS Jammers.....12:00p - 1:30p...D-NC
Hand & Foot (Cards)..1:00p - 4:00p...D-NC
Connecting Threads..1:00p - 3:30p...D-NC
 October 19th
LP Open Swim.....1:00p - 6:30p...D-NC
WWP Aquatics Class...1:00p - 2:00p...R-\$
Int Pickleball.....1:30p - 4:30p...D-NC
Jigsaw Puzzle Group 2:00p - 6:45p...D-NC
Parkinson's Exercise..2:00p - 3:00p...D-NC
Photo Club.....3:00p - 4:30p...D-NC
Yoga.....4:45p - 5:45p...R-\$
Chair Volleyball.....4:45p - 6:45p...D-NC
Stroke Support.....5:30p - 7:00p...D-NC
 October 5th *See page 15*
USS Dinner & Discussion....5:30p - 7:00p
 ...R-NC *October 19th* *See page 4*

Fridays

Billiards.....7:00a - 4:30p...D-NC
Fitness Center.....7:00a - 4:30p...D-NC
Ping Pong.....7:00a - 4:30p...D-NC
Adv Pickleball.....7:00a - 9:30a...D-NC
LP Open Swim.....7:30a - 3:00p...D-NC
WWP Open Swim....7:30a - 9:00a...D-NC
Veterans Coffee Hour 8:30a - 10:00a...R-NC
 October 6th *See page 6*
Weaving.....9:00a - 11:30a...D-NC
WWP Aquatics Class...9:00a - 10:00a...R-\$
Hula Hoop Group....10:00a - 11:00a...D-NC
WWP Open Swim....10:00a - 1:00p...D-NC
Congregate Meals.....11:00a - 1:00p
Hula Dance.....11:00a - 12:30p...D-NC
Bridge.....12:00p - 3:30p...D-NC
Samba (Cards).....12:00p - 4:30p...D-NC
Euchre.....1:00p - 3:30p...D-NC
Adv Pickleball.....2:30p - 4:30p...D-NC
USS Dance.....5:00p - 7:30p...R-\$
 October 20th

Saturdays

Billiards.....8:00a - 12:00p...D-NC
Fitness Center.....8:00a - 12:00p...D-NC
Ping Pong.....8:00a - 12:00p...D-NC
Int Pickleball.....8:00a - 10:00a...D-NC
LP Open Swim.....8:30a - 11:30a...D-NC
WWP Open Swim....8:30a - 11:30a...D-NC
Adv Pickleball.....10:00a - 12:00p...D-NC

KEY

\$: Cost **NC:** No Cost
D: Drop-in
R: Registration Required
A: Appointment Required
WWP: Warm Water Pool
LP: Lap Pool
Int: Intermediate **Adv:** Advanced

Activity Calendar: November 2023

Additional information available at the Welcome Center

Mondays

Billiards.....7:00a - 7:00p...D-NC
Fitness Center.....7:00a - 7:00p...D-NC
Ping Pong.....7:00a - 7:00p...D-NC
Adv Pickleball.....7:00a - 9:30a...D-NC
LP Open Swim.....7:30a - 6:30p...D-NC
WWP Open Swim.....7:30a - 9:00a...D-NC
Foot & Nail Clinic.....8:30a - 4:00p...R-\$
 November 27th
WWP Aquatics Class...9:00a - 10:00a...R-\$
Blocks to Blankets..10:00a - 12:00p...D-NC
 November 6th & 20th
Hula Hoop Group...10:00a - 11:00a...D-NC
WWP Open Swim...10:00a - 11:00a...D-NC
Let's Get Moving.....10:30a - 11:30a...D-NC
Bridge.....11:00a - 3:00p...D-NC
Congregate Meals.....11:00a - 1:00p
WWP Volleyball.....11:00a - 12:00p...R-\$
WWP Open Swim.....12:00p - 6:30p...D-NC
Pickleball for Novice...1:00p - 3:00p...D-NC
Uno.....1:00p - 3:00p...D-NC
Tai Chi.....2:00p - 4:00p...D-NC
Int Pickleball.....3:00p - 5:00p...D-NC
Adv Pickleball.....5:00p - 7:00p...D-NC

Tuesdays

Billiards.....7:00a - 7:00p...D-NC
Fitness Center.....7:00a - 7:00p...D-NC
Ping Pong.....7:00a - 7:00p...D-NC
LP Open Swim.....7:30a - 9:00a...D-NC
WWP Open Swim.....7:30a - 9:00a...D-NC
Yoga.....8:30a - 9:20a...R-\$
Focus on Fitness.....9:00a - 10:15a...R-\$
LP Water Aerobics.....9:00a - 10:00a...R-\$
Chair Yoga.....9:30a - 10:20a...R-\$
Alz. Assoc. Office Hours.....10:00a - 1:00p
 ...D-NC *November 14th*
LP Open Swim.....10:00a - 12:00p...D-NC
Moving with Music...10:30a - 11:30a...D-NC
Computer Help.....11:00a - 1:00p...A-NC
Blue Christmas Pre Departure
 ...11:00a - 1:00p...R-NC *November 21st*
Congregate Meals.....11:00a - 1:00p
Bid Euchre.....11:30a - 2:30p...D-NC
Friendly Euchre.....12:00p - 3:00p...D-NC
Pinochle.....12:00p - 3:30p...D-NC
USS Jammers.....12:00p - 1:30p...D-NC
Long Arm Quilting.....1:00p - 6:00p...A-\$
LP Open Swim.....1:00p - 6:30p...D-NC
Mah Jongg.....1:00p - 3:00p...D-NC
WWP Aquatics Class.....1:00p - 2:00p...R-\$
Chair Volleyball.....2:00p - 4:00p...D-NC
Parkinson's Exercise...2:00p - 3:00p...D-NC
WWP Open Swim.....2:00p - 6:30p...D-NC
Adv Pickleball.....4:30p - 7:00p...D-NC

Wednesdays

Billiards.....7:00a - 7:00p...D-NC
Fitness Center.....7:00a - 7:00p...D-NC
Ping Pong.....7:00a - 7:00p...D-NC
Adv Pickleball.....7:00a - 9:30a...D-NC
LP Open Swim.....7:30a - 6:30p...D-NC
WWP Open Swim.....7:30a - 9:00a...D-NC
Long Arm Quilting.....9:00a - 1:00p...A-\$
Vintage Voices.....9:00a - 11:00a...D-NC
WWP Aquatics Class..9:00a - 10:00a...R-\$
Blood Glucose Screenings 10:00a - 12:00p
 ...D-NC *November 1st & 29th*
Blood Pressure Screenings..10:00a-12:00p
 ...D-NC *November 15th*
Hula Hoop Group...10:00a - 11:00a...D-NC
WWP Open Swim...10:00a - 6:30p...D-NC
Congregate Meals.....11:00a - 1:00p
Bingo.....1:00p - 3:30p...D-\$
Card Making Club.....1:00p - 4:00p...D-NC
 November 8th & 22nd
Crafting Group.....1:00p - 3:00p...D-NC
Holiday Gnome Craft...1:00p - 3:00p...R-\$
 November 29th *See page 7*
Int Pickleball.....1:00p - 3:00p...D-NC
Pickleball Lessons.....3:00p - 4:00p...D-NC
Pickleball for Novice..4:00p - 7:00p...D-NC
Caregiver Support.....5:30p - 6:30p...D-NC
 November 8th *See page 15*
Diabetes Support.....5:30p - 6:30p...D-NC
 November 1st *See page 15*

Activity times, dates, and rooms are subject to change.

Thursdays

Billiards.....7:00a - 7:00p...D-NC
Fitness Center.....7:00a - 7:00p...D-NC
Ping Pong.....7:00a - 7:00p...D-NC
LP Open Swim.....7:30a - 9:00a...D-NC
WWP Open Swim.....7:30a - 1:00p...D-NC
Focus on Fitness.....9:00a - 10:15a...R-\$
Poker.....9:00a - 3:00p...D-NC
LP Water Aerobics.....9:00a - 10:00a...R-\$
LP Open Swim.....10:00a - 6:30p...D-NC
Tai Chi.....10:00a - 12:00p...D-NC
Congregate Meals.....11:00a - 1:00p
Pickleball for Novice 11:00a-1:30p...D-NC
OVSH Lunch & Learn.....12:00p - 1:00p
 ...R-NC *November 2nd* *See page 4*
USS Lunch & Learn.....12:00p - 1:00p
 ...R-NC *November 16th* *See page 4*
Pinochle.....12:00p - 3:30p...D-NC
USS Jammers.....12:00p - 1:30p...D-NC
Hand & Foot (Cards)..1:00p - 4:00p...D-NC
Connecting Threads..1:00p - 3:30p...D-NC
 November 16th
WWP Aquatics Class...1:00p - 2:00p...R-\$
Int Pickleball.....1:30p - 4:30p...D-NC
Jigsaw Puzzle Group 2:00p - 6:45p...D-NC
Parkinson's Exercise..2:00p - 3:00p...D-NC
Photo Club.....3:00p - 4:30p...D-NC
Yoga.....4:45p - 5:45p...R-\$
Chair Volleyball.....4:45p - 6:45p...D-NC
Stroke Support.....5:30p - 7:00p...D-NC
 November 2nd *See page 15*

USS will be closed on November 23rd for Thanksgiving

Fridays

Billiards.....7:00a - 4:30p...D-NC
Fitness Center.....7:00a - 4:30p...D-NC
Ping Pong.....7:00a - 4:30p...D-NC
Adv Pickleball.....7:00a - 9:30a...D-NC
LP Open Swim.....7:30a - 3:00p...D-NC
WWP Open Swim.....7:30a - 9:00a...D-NC
Weaving.....9:00a - 11:30a...D-NC
WWP Aquatics Class..9:00a - 10:00a...R-\$
Hula Hoop Group...10:00a - 11:00a...D-NC
Veterans Day Event 10:00a - 12:00p...R-NC
 November 10th *See page 3*
WWP Open Swim.....10:00a - 3:00p...D-NC
Congregate Meals.....11:00a - 1:00p
Hula Dance.....11:00a - 12:30p...D-NC
Bridge.....12:00p - 3:30p...D-NC
Samba (Cards).....12:00p - 4:30p...D-NC
Euchre.....1:00p - 3:30p...D-NC
LNI Food Pack.....5:00p - 7:30p...R-NC
 November 3rd *See page 7*

Adv Pickleball.....2:30p - 4:30p...D-NC
USS Dance.....5:00p - 7:30p...R-\$
 November 17th *See page 3*

Saturdays

Billiards.....8:00a - 12:00p...D-NC
Fitness Center.....8:00a - 12:00p...D-NC
Ping Pong.....8:00a - 12:00p...D-NC
Int Pickleball.....8:00a - 10:00a...D-NC
LP Open Swim.....8:30a - 11:30a...D-NC
WWP Open Swim.....8:30a - 11:30a...D-NC
Adv Pickleball.....10:00a - 12:00p...D-NC

USS will be closed on November 24th and November 25th for Thanksgiving

KEY

\$: Cost **NC:** No Cost
D: Drop-in
R: Registration Required
A: Appointment Required
WWP: Warm Water Pool
LP: Lap Pool
Int: Intermediate **Adv:** Advanced

Enon Satellite Activity Calendar: October & November

Mondays:

Billiards...D-C-NC
Focus on Fitness...9:30a...R-\$
Bridge...12:00p...R-NC
Cornhole...12:30p...D-NC

Tuesdays:

Billiards/Darts/Ping Pong...D-C-NC
Euchre...1:00p...D-NC
Crafts...10:30a...R-NC (GH)
October 10th & November 14th
Snacks & Facts...10:30a...R-NC
October 17th
October 31st (FG)
November 28th (FG)
Dog Show...10:30a...D-NC
October 24th & November 21st
Closed on November 7th

Wednesdays:

Billiards/Darts/Ping Pong...D-C-NC
Focus on Fitness...9:30a...R-\$
Games...11:00a...D-NC
October 4th & November 1st
Flute Performance...1:00p ...D-NC
October 11th & November 8th
Chili Cook-off...12:30p...R-NC
October 18th
Crafts...1:00p...R-NC
October 25th & November 29th
Potluck...12:30p...R-NC
November 15th (SMC)

Thursdays:

Billiards/Darts/Ping Pong...D-C-NC
Hand & Foot...12:30p...D-NC
October 5th & 19th, November 2nd & 16th
Crafts...1:00p...R-NC
October 5th & November 2nd (GSV)
Bingo...12:30p...D-NC
October 12th (FG) *November 9th* (NW)
Movie...1:00p...D-NC
October 19th & November 16th
Birthdays Celebration...10:30a...R-NC
October 26th & November 30th (NW)
Closed on November 23rd

Fridays:

Billiards/Darts/Ping Pong...D-C-NC
Chair Yoga...9:00a...D-\$
Stitchers...11:30a...D-NC
Hospice Pillows...12:30p...D-NC
October 13th & 27th, November 10th
Closed on November 24th

KEY

\$: Cost **NC:** No Cost
D: Drop-in
R: Registration Required,
Call 937-863-0043
C: Call Center for Specific
Daily Times

Sponsors in October/November:

- Forest Glen Health Campus (FG)
- Gentiva Hospice (GH)
- Good Sheperd Village (GSV)
- Northwood Skilled Nursing & Rehabilitation (NW)
- Springfield Masonic Community (SMC)

New Carlisle Satellite Activity Calendar: October & November

Mondays:

Wii Bowling...10:00a...D-NC
Ice Cream Social...12:30p...D-NC
October 2nd (NW)
Bingo...12:30p...D-NC (VC)
October 9th & November 13th
Movie Day...12:30p...D-NC
October 16th & November 6th
Games & Snacks & Karaoke
...12:30p...D-NC (GSV)
October 23rd & November 27th
Halloween Party...12:30p...D-NC
October 30th (SMC)
Thanksgiving Party...12:30p...D-NC
November 20th (SMC) (VC)

Tuesdays:

Wii Fit...10:00a...D-NC
October 3rd & 24th, November 7th & 28th
Mexican Train...12:30p...D-NC
Euchre...12:30p...D-NC
October 3rd & November 7th
Crafts...11:30a...D-NC
October 10th & November 21st
Exercise...10:00a...D-NC
October 17th & November 21st
Rock Painting...11:30a...D-NC
October 24th & November 28th
USS Downtown Halloween Party
...12:30p...D-NC *October 31st*

Wednesdays:

"500" Card Game
...12:30p...D-NC
Bingo at USS Downtown
...12:30p...D-NC
*October 18th &
November 15th*
Open House...11:30a
...D-NC *November 1st*

KEY

\$: Cost **NC:** No Cost
D: Drop-in
R: Registration Required,
Call 937-845-2080

Thursdays:

Bridge...12:30p...D-NC
Bingo at USS Enon...12:30p...D-NC
October 12th & November 9th
Trip to Arrow Queen...12:30p...D-NC
October 19th & November 16th
Closed on November 23rd

Sponsors in October/November:

- Good Shepherd Village (GSV)
- Northwood Skilled Nursing & Rehabilitation (NW)
- Springfield Masonic Community (SMC)
- Vancrest (VC)

Fridays:

Hand, Knee & Foot...12:30p...D-NC
Crystal Lakes Sale...11:30a...D-NC
October 6th
Pinochle...12:30p...D-NC
October 6th & November 3rd
Birthdays Celebration...11:30a...D-NC
October 20th & November 17th (NW)
Veterans Day Celebration...11:30a...D-NC
November 10th
Closed on November 24th

What's NEW ↓

Enon Satellite Special Activities

Snacks & Facts

Benefits of Resistance Training: Tuesday, October 17th, 10:30am. This Snacks & Facts session will host guest speaker, Kristen Willbanks, a personal trainer and weight lifter. She will discuss the benefits of resistance training to increase strength and improve quality of life.

USS In-Home Services & Meals on Wheels: Thursday, October 31st, 10:30am. This Snacks & Facts session will host guest speaker, Sarita Gale, R.N., USS Director of Client Services. She will discuss various services provided by USS including in-home care and meals on wheels delivery. This event is sponsored by *Forest Glen Health Campus*.

USS Social Support & Transportation Services: Tuesday, November 28th, 10:30am. This Snacks & Facts session will host guest speaker, Sarita Gale, R.N. once again. She will discuss various services provided by USS, including our social support group and transportation services. This event is sponsored by *Forest Glen Health Campus*.

Chili Cook-off

Join us for a chili cook-off on Wednesday, October 18th at 12:30pm! Various local sponsors will provide chili for this competition and you will get to vote on your favorite! Members are asked to bring their favorite desserts to sweeten the day. Participating sponsors include *Buckeye Home Health Care Comfort Keepers, Forest Glen Health Campus, Gentiva Hospice, Good Shepherd Village, Northwood Skilled Nursing & Rehabilitation, and Springfield Masonic Community*.

Halloween/Birthday Party

Cake, games, prizes! Enon will celebrate Halloween as part of our monthly birthday party this year on **Thursday, October 26th, 10:30am - 12:30pm**. Wear your best Halloween costume and help us bring Happy Birthday wishes to members born in October! This event is sponsored by *Northwood Skilled Nursing & Rehabilitation*.

Thanksgiving Taco Bar Potluck

Save a turkey, eat a taco! Our Thanksgiving taco bar potluck is on **Wednesday, November 15th at 12:30pm**. Members are asked to bring a dessert to share. This event is sponsored by *Springfield Masonic Community*.

Please register for these events by calling Tammy Sanderson, Enon Satellite Coordinator, at 937-863-0043.

Art Exhibits at USS

USS downtown has a nice art exhibit space in our first-floor hallway! USS will be using this space to feature many of our local artists. Rita Buturain, USS member and self-taught acrylic artist, was the first to be featured, followed by USS quilters, Phyllis Bageant, Jane Eckels, Diane Fralick, Peg Haemmerle, Karen Hupp, and Heidi Rigsbee.

In October, USS will feature the *Autumn Rose Giving Gallery*. Bob Agle is a third-generation farmer from Clark County who enjoys art and music and started painting pastel landscapes of Clark County 15 years ago. In February 2020, Bob's granddaughter, Autumn Rose, was diagnosed with DIPG, a rare aggressive brain tumor. Now, Bob donates the proceeds from his artistic work to support DIPG research to help the families that are affected by this brain tumor. Contact information will be available as part of the exhibit if you are interested in making a purchase of Bob's artwork. More information about the *Autumn Rose Giving Gallery* can be found at www.autumnrose.shootproof.com.

Social Support

The Social Support Group has designed group activities for older adults who are feeling isolated and want opportunities to spend time with peers. For more information call Tracy Wickham at 937-521-3010.



October 2023 Schedule:

- 2nd Manicures
- 3rd Cooking Class - Homemade Noodles
- 5th MH Lunch & Learn...R
- 6th Orton Geological Museum Visit & Lunch at Mirror Lake Eatery
- 9th Celebrate Curious Events Day
- 10th Volunteer for Ohio Hospice: Holiday Cards
- 12th Second Street Market & Goodwill Outlet Store (Wear Pink for Breast Cancer Awareness)
- 13th Social Support Bingo
- 16th Mystery Book Tea Party
- 17th Volunteer for Rocking Horse: Looming
- 19th Pumpkin Picking at Mad Pumpkins
- 23rd Monday Mind Games
- 24th Jewelry Making
- 26th Amenity Wellness Workshop
- 27th Guided Tour at Heritage Center - Part 2
- 30th Halloween Party at USS New Carlisle
- 31st Pumpkin Carving

November 2023 Schedule:

- 2nd OVSH Lunch & Learn...R
 - 3rd Let's Be Thankful Luncheon...R
 - 6th Manicures
 - 7th Craft a Flag for USS Veteran's Day Event
 - 9th Bargains & Grits: Visit Nearly New Shop & Vittles and Grits
 - 10th Social Support Bingo
 - 13th Monday Mind Games
 - 14th Billiards
 - 16th USS Lunch & Learn...R
 - 17th Goodwill Shopping for Old Artwork
 - 20th Goodwill Artwork Upgrades Craft
 - 21st Friendsgiving Brunch Potluck
 - 27th OSU vs. Michigan After Party
 - 28th Volunteer for Rocking Horse: Looming
 - 30th Amenity Wellness Workshop
- *Closed Thursday, November 23rd & Friday, November 24th for Thanksgiving**

**R=Reservations Required*

English Tutoring at USS

Do you have a friend who needs help with reading or writing? USS has two volunteer tutors waiting and ready!

Want to read for fun?

Need to read for work?

Our tutors can help!

For more information, contact Chelsea Huber at 937-323-4948 ext. 116.

Want to text a grandchild?

Write to a friend?

We've got a tutor for that too!

Volunteer Guardianship Program

It's assumed that older adults in nursing homes have someone to advocate and make medical decisions for them when they are unable to do so themselves. The fact is, not everyone has someone responsible for this.

The Ohio Supreme Court provides a six-hour, self-paced online training to become a Guardian of Person for these vulnerable individuals. If you'd like more information about this fulfilling volunteer opportunity, please contact Betty Stutler, Advocacy Coordinator, at 937-521-3014.

What's NEW ↓

2023 Trips & Tours

Member Appreciation

Trim-a-Tree Holiday Concert Monday, December 4th at 1:00pm

Nothing says the holidays like a performance by our own Vintage Voices! Join us to listen to many holiday favorites. Holiday-themed cookies and a hot chocolate bar with flavored syrups will be provided by **Northwood Skilled Nursing & Rehabilitation**.

Along with the Holiday concert, bring some ornaments to decorate the Christmas tree in our lobby. To allow all members this opportunity, USS asks that members only bring one ornament per person to add. Please put your full name on ornaments so they are returned to the correct member.

Reservations for this event will begin on Wednesday, November 1st and end on Monday, November 27th with the Welcome Center at 937-323-4948.

Wrap-a-Gift Tuesday, December 5th at 10:00am - 2:00pm

USS is providing a time for members to bring in a maximum of two gifts to be wrapped for the holidays. This event is first-come, first-served for the first 100 attendees and is sponsored by **Cherish Hospice**.

USS Festival Luncheons

Let's be Thankful Luncheon

The annual Let's be Thankful Luncheon will be on **Friday, November 3rd**. This luncheon is a traditional Thanksgiving meal that was started in 2021 by an anonymous sponsor. This sponsor wanted to provide a special meal for those who are alone, have no family near-by, or are grieving due to recent losses. The last day to make a reservation for this luncheon is October 26th.

Sanders' Luncheon

The annual Sanders' Luncheon will be on **Tuesday, December 5th**. This luncheon was started in 1988 by Sig and Ilse Sanders. The couple wanted to honor their life together by sharing with those who were in need of some holiday cheer. The last day to make a reservation for this luncheon is November 27th.

If you or someone you know would benefit from attending one of these events, contact Tracy Wickham at 937-521-3010. A mailing address is needed upon registration to receive an official invitation.

Red Hot Holiday Stomp

Save the Date!

The annual Red Hot Holiday Stomp with local legend, Todd Stoll, will be on **Friday, December 22nd** at the State Theatre and another local legend will be joining the show! Tickets will be \$10. Check the *December/January Center Page* for all the details on this extra special event!

2023 Tours:

Blue Christmas December 4-8 Activity Level: Moderate

Travel to the birthplace of Rock 'n Roll to experience Southern hospitality when you spend two nights at the **Graceland Guest House!** Enjoy the Elvis Blue Christmas Holiday Show, a private tour of Elvis' home, the Presley Motors Automobile Museum, and the Elvis the Entertainer Career Museum.

Tour Fare: \$1,725 per person (2 in a room)

Balance Due: 10/20

South Africa Intensive Cruise - Coming in 2024!

February 6-21, 2024 Activity Level: Moderate - Heavy

This 14-night tour is truly the adventure of a lifetime! Spend 12 nights onboard the Azamara Pursuit living in luxury. The ship boasts 7 restaurants, cafes, and lounges, as well as a refreshing pool, sun-drenched decks, a revitalizing spa, and more! Over the 7 ports of call in 2 countries, you will rub elbows with elephants, shop in bustling markets, view beautiful colonial architecture, and indulge in delicious local cuisine. The stunning vistas in each port are sure to impress and there is no shortage of culture, history, and nature to be had on this tour.

Tour Fare: \$7,399 per person (2 in a room)

Balance Due: 10/31



2023 Day Trips:

Call to join the Worth-the-Wait List for either of these Day Trips!

Snooty Fox Shopping Adventure October 18 La Comedia Dinner Theater December 7

Trip Fare: \$75 per person

Trip Fare: \$119 per person

For more information on any of our 2023 USS Tours or Day Trips, see our 2023 Tours Catalog on our website at www.unitedseniorservices.org/trips-tours, contact Cindy Lockwood at 937-323-4948 ext. 140, or stop in for a visit to learn more.

Sneak Peak of 2024 Tours:

Arizona Adventure

April

Kentucky Bourbon Trail

May

Discover Minnesota

June

Niagara-on-the-Lake

August

Annual Mystery Tour

September

Sports Tour

September - October

Canadian Canyon Train Tour

October

Cruise of the Mediterranean

October - November

Christmas at the Capital

December

The full 2024 Tour Catalog will be included in the December/January edition of the *Center Page!*

RSVP

Retired & Senior Volunteer Program

VOLUNTEERS
Always Needed, Forever Appreciated

Pictures with Santa!

Santa will be making a special visit to USS on **Tuesday, December 5th, 5:00pm - 7:00pm**. Join us to take pictures with Santa, Mrs. Claus, and their elves! To raise funds for the volunteer program, we are collecting a **\$10 cash fee** to schedule a time to meet with this crew. Please visit the volunteer office to pay and reserve your spot! Bring your camera or phone to take pictures that will make great memories, Christmas cards, or gifts for your loved ones.



New Volunteer Site

Operation Hunger at Seventh-day Adventist, 151 S Bird Rd, has asked for help in their food pantry. This is a great opportunity for volunteers who are looking for evening or weekend hours. They need assistance for distribution on the second Saturday of each month, 3:00pm - 5:00pm, and/or to fill grocery bags the Thursday prior, 6:00pm - 7:00pm. Please consider helping this great cause.

Upcoming Volunteer Opportunities

Ohio's Hospice: Volunteers needed to help with respite, office work, crafts, transportation, veteran pinnings, pet therapy, and much more!

USS Meals on Wheels: Volunteers needed to help pack meals on weekdays, 8:30am - 10:30am. This is fast-paced and requires some heavy lifting. Please contact the Meal Services department at 937-323-9688 if you are interested.

USS Welcome Desk: Volunteers needed on Tuesdays and Saturdays, 8:00am - 12:00pm. The Saturday hours are during a pilot phase of October - March.

USS Levy Mailers: Volunteers needed to assist with mailers in support of the upcoming senior services levy, October 11th - November 2nd, 3:30pm - 4:30pm.

USS Dances: Volunteers needed at the next two USS dances on Friday, October 20th and Friday, November 17th, 5:00pm - 7:00pm.

Halloween Carnival: Tuesday, October 31st, 1:30pm - 3:30pm. Volunteers needed to help with food, drinks, carnival games, set-up, and tear-down.

USS Annual Membership Drive: Wednesday, November 1st - 10th, 10:30am - 2:00pm. Volunteers needed to assist with member sign-ups in the USS lobby.

Holiday in the City: Contact us about volunteering at the Greater Springfield Partnership's Ice Skating Rink, which will be open Thursdays - Sundays. Holiday in the City runs November 24th - January 5th. Help with skate rental and serving hot chocolate. A portion of profits will be donated to our volunteer department!

USS Trim-a-Tree Holiday Concert: Monday, December 4th, 1:00pm. Contact RSVP to see what volunteer opportunities are available.

USS Red Hot Holiday Stomp: Friday, December 22nd at the State Theater. Volunteers needed to help with greeting, check-in, refreshments, set-up, and tear-down.

Be sure to check the green poster board in Mindy's cubicle anytime for a list of the most up-to-date upcoming volunteer opportunities.

Please contact Mindy Allender in the RSVP department at mallender@unitedseniorservices.org or 937-324-5705 for more information and to serve your neighbors through AmeriCorps Seniors RSVP Program.



RSVP is sponsored by United Senior Services of Springfield, Ohio and is funded by federal funds through AmeriCorps, by a state subsidy through Ohio Department of Aging, and by local matching funds in Clark and Madison Counties.

Community Resources

Support Groups

Caregiver Support Group

USS partners with the Alzheimer's Association to provide a support group for people who care for or are affected by someone with dementia. This group is open to the public and hosted at USS downtown on the 2nd Wednesday of each month at 5:30pm. USS staff members, Tracy Wickham and Chelsea Mutschler-Huber, who are trained Alzheimer's Association Volunteers, will lead this group. Please consider joining the group on **Wednesday, November 8th at 5:30pm**.

Diabetes Support Group

USS partners with the **Clark Champaign Diabetes Association (CCDA)** to provide a support group for individuals with, or who care for someone with, diabetes. This group is open to the public and hosted at USS downtown on the 1st Wednesday of each month at 5:30pm. CCDA will provide information and resources from experts in the field. Please consider joining the group on **Wednesdays, October 4th and November 1st at 5:30pm**.

Stroke Support Group

USS partners with **Mercy Health - Springfield** to provide a support group for individuals who have, or care for someone who has experienced, a stroke. This group is open to the public and hosted at USS downtown on the 1st Thursday of each month at 5:30pm. Please consider joining the group on **Thursdays, October 5th and November 2nd at 5:30pm**.

Clark County Warmline

The Clark County Warmline is a free call line that is available 24/7. It addresses mental health concerns by listening to callers and providing experience-based empathy and support.

It can be reached at 937-662-9080.

HEAP Program

The Home Energy Assistance Program (HEAP) helps income-eligible Ohioans maintain their utility service who are at or below 175 percent of the poverty guideline and who are facing disconnection, have been disconnected, need to establish new service, need to pay to transfer service, have PIPP default, need to pay first PIPP, or have 25% (or less) supply of bulk fuel in their tank. **The HEAP Winter Crisis Program is beginning soon!** Joyce Robinson can provide more information at 937-521-3005.

UNITED SENIOR SERVICES

www.unitedseniorservices.org
125 W Main St
Springfield, OH 45502
937-323-4948

USS DOWNTOWN HOURS:

Mon-Thurs 7:00am - 7:00pm

Fri 7:00am - 4:30pm

*Sat 8:00am - 12:00pm

NEW CARLISLE SATELLITE

1216 W Lake Ave
New Carlisle, OH 45344
937-845-2080

ENON SATELLITE

7571 Dayton-Springfield Rd
Enon, OH 45323
937-863-0043

USS SERVICES

Benefits Counseling

Caring Services Advocacy

Health Outreach

Home Modifications & Repairs

In-Home Services

Meal Services

Recreation & Education

Support Services

Transportation

Travel Programs

Volunteers Opportunities

MISSION

Our mission is to enhance the lives of Clark County older adults by offering quality services that promote active, involved lifestyles and independent living.



UNITED SENIOR SERVICES

Elderly United of Springfield & Clark County, Ohio, Inc.

125 W Main St

Springfield, OH 45502

Happy Halloween!

**See page 3 for how we will be
celebrating at USSS this year!**

Three carved jack-o'-lanterns are displayed in the foreground, illuminated from within. The one on the left has a wide, toothy grin. The middle one has a more neutral expression. The one on the right has a mischievous, slightly sinister look. They are set against a dark background with a window in the distance.

@USSS