

USS Resource Guide

Springfield and Clark County's Resource for People Age 55 and Better

*USS offers Caring Services including Meals on Wheels, Benefits Counseling, Caring Services Advocacy, Social Support, Homemaker and Personal Care Services, Respite care, Congregate Meals, Transportation and other services.
Available to Clark County residents age 60 or better.*



Activities, Clubs and Groups such as Billiards, Bingo, Bridge, Cribbage, Card Making, Crafting, Euchre, Hand and Foot, Long Arm Quilting, Mah Jong, Photo Club, Pinochle, Poker, Samba, Thirty-One, Uno, Phase One, Jammers, Vintage Voices, Weaving and many more are available at each USS location!

USS offers Recreation and Fitness classes, Travel, Educational Presentations, Support Groups, Dances, Medicare 101, Special Events, Senior Living Resource Fair, Tax Preparation, SAILL-Springfield Area Institute for Lifelong Learning, Volunteer Opportunities, Swimming, Pickleball, and so much more!



DOWNTOWN
125 W Main St.
Springfield, OH 45502
937-323-4948

ENON SATELLITE
7571 Dayton-Springfield Rd
Enon, OH 45323
937-863-0043

BETHEL TOWNSHIP
11200 Gerlaugh Rd
Medway, OH 45341
937-323-4948

UNITED SENIOR SERVICES

125 W Main St.
Springfield, OH 45502
937-323-4948
Mon - Thu 7:00 am - 7:00 pm
Fri 7:00 am - 4:30 pm
Sat 8:00 am - 12:00 pm

BETHEL TOWNSHIP

11200 Gerlaugh Rd
Medway, OH 45341
937-323-4948
Tue & Thu 10:00 am - 1:30 pm

ENON SATELLITE

7571 Dayton-Springfield Rd
Enon, OH 45323
937-863-0043
Mon - Fri 9:00 am - 3:00 pm

www.ussohio.org

DIRECTORS

- Brad Boyer
- David Carey
- Connie Craig, President
- Levi Duncan, Vice President
- Mark Elliott, Treasurer
- Wendy Ford, Secretary
- Adrienne Forgette
- Michele Hemphill
- Sarah Lemon
- Arlin Par Tolliver
- Lori Zakel
- Stephen Massey, CEO

USS services and programs are made possible by funding provided by the Clark County Senior Services Levy, Older Americans Act Title III grants administered by the Ohio Department of Aging through the Area Agency on Aging PSA2, Mental Health Recovery Board of Clark, Greene & Madison Counties, Americorp Seniors RSVP, Ohio Department of Transportation, Clark County Department of Job & Family Services, the Crabill Family Foundation, Springfield Foundation, Community Health Foundation, United Way of Clark, Champaign & Madison Counties, member fees and donations.

USS is non-discriminatory in services and employment, and facilities are accessible to all people.

Resource Guide Editors:

Sarita Gale
Michael Mathews
Cara Rigsbee



Dear Member,

Dear Friends, Neighbors, and Partners in Clark County,

It is both an honor and a privilege to introduce you to this year's United Senior Services Resource Guide. As the newly appointed CEO of United Senior Services, I am grateful for the opportunity to contribute to a publication that supports and celebrates the vibrant and resilient senior community of Springfield and all of Clark County.

My name is Stephen Massey, MS, RASS, PC, and I step into this role with a deep commitment to ensuring that every older adult in our community is supported, valued, and empowered. This guide is more than a collection of resources—it reflects our shared dedication to helping individuals navigate life with confidence, dignity, and connection.

As we look ahead, we embrace a renewed vision: one where aging is not simply about growing older, but about thriving. We believe in a future where seniors in Clark County age amazingly—where each day presents opportunities for purpose, joy, wellness, and meaningful engagement. Aging should be a journey filled with possibility, not limitation.

At United Senior Services, we are reimagining how we serve. We are committed to expanding access to essential resources, strengthening community partnerships, and creating innovative programs that promote independence and well-being. Most importantly, we are focused on supporting everyone in living their best life—on their own terms, with purpose and fulfillment.

Whether you are seeking services, supporting a loved one, or looking for ways to stay active and connected, this Resource Guide is here for you. Together, we can build a community where every person is seen, heard, and celebrated at every stage of life.

Thank you for allowing me to be part of this important work. I look forward to walking alongside you as we continue to grow, serve, and thrive—together.

With gratitude and purpose,

Stephen Massey, MS, RASS, PC
Chief Executive Officer, United Senior Services

As seen on the back of our Membership form:

Member Agreement and Waiver

As a condition of membership, I agree to comply with all rules, regulations, and policies of United Senior Services (USS) regarding its travel and wellness programs, activities and events, and the use of its facilities and equipment. While on USS premises or participating in USS programs, activities, and events, I shall conduct myself in a civil and reasonable manner at all times. I understand my membership can be rescinded by USS management if I do not comply with all USS rules, regulations, and policies. As used herein and in the following Waiver of Liability, "facilities" and "premises" shall include not only the principal location of USS but also its satellite facilities, parking lots, patios, and vehicles.

Services at a Glance

USS services are available to all Clark County residents age 60 and older who do not have access to other support resources. A USS membership is not required to receive assistance. In alignment with the USS mission, these services are designed to help older adults in our community maintain their independence for as long as possible.

Caring Services

USS Caring Services offers a wide range of supports for adults who need a trusted resource and advocate to age successfully. Call 937-521-3014 or email caring@ussohio.org for more information.

Benefits Counseling:

Assistance with Medicare benefits is offered by USS's OSHIP counselors. USS counselors assist new and renewing beneficiaries with review of Medicare health and drug plans.

Caring Services Advocacy:

Caring Services Advocacy provides a complement of distinct, customized services to help older adults maintain their legal and financial independence. USS advocates can help to keep monthly bills current and utility costs manageable, access legal assistance and advocate for individuals who have no family available or able to help.

Support Services:

Support Services provide professionally led support groups to help navigate life changes, companionship to socialize with peers, and educational workshops that support all aspects of aging well.

In-Home Services

USS offers in-home support to help Clark County residents age 60 and better maintain their independence and remain in their homes. Call 937-521-3012 or email inhomeservices@ussohio.org for more information.

Case Management Services:

Case Management services are available to individuals who benefit from support to coordinate their healthcare appointments, identify transportation needs, provide healthy food and meal resources, identify helpful home modifications, and provide other resources as needed.

Homemaker and Personal Care Services:

Homemaker and Personal Care services are available for individuals who have difficulty completing routine housekeeping, hygiene, and personal care chores due to functional limitations.

Respite Care:

Respite Care is available to give family caregivers of elderly loved ones much-needed time away to relax or to take care of other responsibilities. Respite Care may include assistance with walking and eating, preparing a simple meal, assistance to the bathroom, and companionship.



Services at a Glance

Meal Services

USS Meal Services includes meals delivered directly to your home OR daily lunchtime meals shared with friends in our dining room locations across the county. Clark County residents age 60 and better are eligible to participate. Call 937-323-9688 or email info@ussohio.org for more information.

Dining Rooms:

USS Meal Services offers a delicious hot meal, a chance to socialize, and nutrition education for Clark County residents at dining rooms across the community, Monday through Friday. Lunch is served on a first come, first served basis. No one is ever refused participation because of inability to pay. Donations are appreciated, but not required.

Meals on Wheels:

USS Meals on Wheels delivers directly to residents of Clark County. Eligibility for meal delivery is based on age, mobility, and health as determined by a personalized assessment. Hot or cold meal options, as well as daily or weekly delivery, are available. A wellness check is included in daily delivery. Free and fee-based meal options are available based on eligibility. Delivery service can be set up within 24 hours.



Transportation

The USS Transportation service is available to Clark County residents age 60 or better. USS drivers provide rides to medical, dental, or counseling appointments in the local area, special treatments such as chemo and dialysis in our region, and non-medical appointments for essential errands such as going to the pharmacy, local bank, post office, or attorney's office. There is no fee for this service. Donations are appreciated. Call 937-521-3000 or email transportation@ussohio.org for more information.



Additional Services

CHORE: *Fee-based*

USS trusted partners provide older adults with grass mowing. Clients are prioritized for services based on need, and a wait list is maintained.

Medicare Open Enrollment:

USS provides access to OSHIIP trained counselors to help individuals learn all their options about Medicare. Counselors help individuals make the best decision for their specific situation.

Membership

Travel

Trips & Tours:

USS and our partners offer a wide range of day trips and extended tours including cruises, culture, adventure travel, mystery trips, and more. These can range from a single day to two weeks and consist of all-inclusive travel opportunities across the country and beyond. Our experienced travel partner consistently researches and delivers engaging opportunities to our members. USS assists members with questions, registrations, and payments. Call 937-521-3009 for more information.

Education

USS offers many opportunities to continue learning, including Lunch & Learn health series, presentations on a variety of health and safety topics, and community information. See the latest edition of our Center Page for the latest offerings at each one of our locations!

Springfield Area Institute for Lifelong Learning (SAILL):

USS organized the Springfield Area Institute for Lifelong Learning (SAILL) with the mission to offer our community a catalog of intellectually stimulating education for adults age 55 or better that inspires discovery and discussion in an informal atmosphere. We offer winter, spring, summer, and fall terms.

Support Groups:

USS offers a wide variety of Support Groups including, but not limited to Caregiver Support, Diabetes, Stroke Support, and Visually Impaired Support Group. Check our Center Page Calendar for accurate information, meeting times, and dates.

Volunteering

AmeriCorps Seniors Retired and Senior Volunteer Program:

AmeriCorps Seniors Retired and Senior Volunteer Program (RSVP) is America's largest volunteer network for people 55 and better. RSVP has a wide variety of impactful volunteer opportunities for all ages that are matched to a volunteer's skills and interests. Volunteers who serve in our RSVP program choose how, where, and when they want to serve. Registered volunteers can find an opportunity with over 35 of our partner sites. USS sponsors RSVP with funding through AmeriCorps Seniors and local matching funds in Clark and Madison Counties from organizations such as the Springfield Foundation and the Community Health Foundation. Call RSVP at 937-324-5705 or email volunteer@ussohio.org for more information.

Aquatics

USS offers two accessible pools with opportunities for open swim and instructor-led classes for all fitness levels; both pools include chair lifts. Members who use the lifts must be accompanied in the water by a caregiver with an Associate Membership, as USS staff may only operate the equipment. For safety, pools are open only when a USS lifeguard or instructor is on duty. During busy times, members are asked to be mindful of reasonable time limits so everyone can enjoy the water. Check the Center Page for open swim times and class schedules for both the Lap and the Warm Water Pool!

Guidelines

Membership Basics

USS membership is available to individuals 55 years and better, and limited other circumstances. Membership provides access to USS education, fitness, recreation, and socialization programming at USS centers. This includes day trips, extended tours, and special events.

Current membership dues are \$15 for Clark County residents and \$75 for out-of-county residents per year, but are subject to change.

USS annual membership follows the calendar year, members can start sign up or renewal in November of the prior year. All memberships expire on December 31st of the current year no matter when the membership was purchased or renewed. Call 937-323-4948 for more information or to sign up for a quarterly membership orientation.

Member Rights and Responsibilities

For all members and guests to enjoy USS centers in safety and comfort, please follow the rights and responsibilities below.

A member in good standing has the right to:

- Use USS centers for recreation, education, fitness, and/or social activities during scheduled hours of operation.
- Know the policies, rules, and regulations of the centers.

A member has the responsibility to:

- Sign in when entering any USS center, special event, or offsite program.
- Be respectful and courteous with other members, guests, and staff.
- Navigate and function in USS centers without assistance or supervision from USS staff.
- Observe policies, rules, and regulations of USS.
- Assist with maintaining the center as a clean and safe environment.
- NOT engage in any language or behavior that is obscene, disruptive, or dangerous to self or others while on USS properties – including parking lots, patios, and vehicles.
- NOT engage in illegal activity, panhandling, carrying a gun or weapon, or using tobacco at USS activities or on USS properties – including parking lots, patios, and vehicles.
- NOT harass or discriminate for any reason.
- NOT be a health or safety hazard to others.

Membership Rules

- Members must wear appropriate attire when in USS centers.
- Exercise attire and close-toed shoes for comfort and support are required in the Fitness Center, participating in fitness classes, or other strenuous activities.
- Swim attire is required in the Aquatics Center. No street clothes or cotton materials are permitted in the pools. You must rinse off in the locker room showers prior to entering a pool.
- No food, gum, or drinks except water in non-breakable containers are allowed in the pool areas. No glass of any kind is allowed in the Aquatics Center.
- No running, jumping, or diving on or from the pool decks.
- Lockers are available for use in the Aquatics center, but locks and personal items cannot be left overnight or stored and/or used while not in the building. Towels and locks are not provided by USS.

Guidelines

Policies and Roles of Staff

USS Policies

- USS' intent is to provide a safe and healthful environment. All activities at USS locations and off premises are smoke-free, tobacco-free, and weapon-free. This includes USS parking lots, patios, and vehicles.
- Office/administrative hours at the downtown USS center are 8:30am - 4:30pm, Monday - Friday. Center hours vary by location and are subject to change. USS will make reasonable attempts to notify members of any changes to the schedule via traditional mediums and social media.
- During programs, participants may be photographed by staff for publication. Please inform the photographer if you prefer not to have your photo taken.
- USS reserves the right to refuse or rescind membership for noncompliance with USS policies and procedures at its sole discretion for any reason(s) not prohibited by law and return prorated dues; and remove members from certain activities if rules and policies are not being followed.
- USS reserves the right to ensure that political and religious views and activities do not compromise the Agency's integrity or 501(c)3 non-profit status.
- Diversity, Equity, Inclusion (DEI) Statement:
The USS mission is a reflection of our commitment to eliminate ageist attitudes that diminish the value and dignity of older adults. We believe that the frailties associated with the gift of longevity be supported and honored, not feared nor disregarded. Our advocacy efforts are enhanced by our ongoing commitment to provide a diverse, equitable, and inclusive environment for all individuals in our sphere of influence regardless of age, race, gender, ability, religious belief, sexual orientation or expression, or economic circumstance. We unite with our community to correct social injustices and systemic discriminations that affect our ability to execute our mission. Advocating against systemic barriers and inequalities is an imperative of our stature in the community. We believe engaging people of all ages through our commitment to diversity, equity, and inclusion is essential to our mission and that DEI work is a source of strength, resilience, and hope for transforming ageist attitudes. We support ongoing efforts to improve our DEI competency. We commit resources and leverage key relationships to advance our DEI goals.

Role of Staff

It is the responsibility of staff to provide a safe, congenial atmosphere for members, a responsive, caring attitude with clients, and a helpful, cooperative attitude with local community partners. Members, clients, and partners can trust the integrity of the Agency and rely on our professional support.

The Clark County community can count on USS staff to:

- Maintain a positive, cooperative, respectful, and communicative relationship among all local partners, the community, clients, and members.
- Ensure that USS centers' policies and procedures comply with federal, state, and local guidelines and requirements.
- Implement rules, policies, and procedures necessary to guarantee the safety and well-being of clients and members using our services and facilities.
- Oversee the security and cleanliness of USS facilities.
- Schedule, promote, and supervise a balance of programs, services, and activities in our centers and in the community, and continually monitor them to evaluate effectiveness.
- Communicate with members, clients, and the wider community about programs, activities, and other information that is important to them with newsletters, e-mails, social media, flyers, and press releases.
- Ensure that political and religious views and activities do not compromise the Agency's integrity or 501(c)3 non-profit status.

USS Resource Guide

Springfield and Clark County's Resource for People Age 55 and Better

USS SERVICES

Caring Services:

937-521-3014

caring@ussohio.org

Benefits Counseling

937-323-4948 ext. 114

Emergency Assistance

937-521-3005

Safe & Secure Program

937-323-4948 ext. 203

Support Services

937-521-3010

Volunteer Guardianship Program

937-323-4948 ext. 218

Home Modifications & Repairs

937-323-4948 ext. 211

info@ussohio.org

In-Home Services

937-521-3012

inhomeservices@ussohio.org

Meal Services

937-323-9688

info@ussohio.org

Recreation & Education

937-323-4948

programming@ussohio.org

Transportation

937-521-3000

transportation@ussohio.org

Travel Programs

937-521-3009

travel@ussohio.org

Volunteer Opportunities

937-324-5705

volunteer@ussohio.org

USS LOCATIONS

Downtown Springfield

125 W Main St • Springfield, OH

937-323-4948

info@ussohio.org

Enon Satellite

7571 Dayton-Springfield Rd • Enon, OH

937-863-0043

ussenon@ussohio.org

Bethel Satellite

1200 Gerlaugh Rd • Medway, OH 45341

937-323-4948

ussbethel@ussohio.org

MISSION

Our mission is to enhance the lives of Clark County older adults by offering quality services that promote active, involved lifestyles and independent living.

PARTNER AGENCIES

Area Agency on Aging

937-341-3000

Clark County Combined Health District

937-390-5600

Clark County Mental Health Warmline

937-662-9080

Clark County Veterans Service

937-521-2030

Medicare

800-633-4227

Social Security Administration

800-772-1213

United Way Resource

211

Generous donors help USS to ensure that all older adults in our community can take part in activities at our centers and that essential services like meal delivery, transportation, and in-home care are available when the time comes. Today, tomorrow and for years to come, USS is prepared to serve. If you are interested in supporting the USS mission, please call 937-323-4948.
Thank you to our donors for keeping USS and our community strong!