

# The Center Page

Springfield and Clark County's Resource for People Age 55 and Better

APRIL 2021



**UNITED SENIOR SERVICES**  
125 West Main Street  
Springfield, OH 45502  
937-323-4948  
www.unitedseniorservices.org

**ALL CENTERS CLOSED  
TO ACTIVITIES UNTIL  
FURTHER NOTICE**

**DIRECTORS**

- Darryl Bauer
- Brad Boyer
- Joti Carson
- Connie Craig
- George Degenhart
- Mark Elliott
- Wendy Ford
- Michele Hemphill
- Sarah Lemon
- Charlie Morris
- Dan O'Keefe
- Sheila Rice, President
- Joy Rogers, Secretary
- Arlin Par Tolliver
- Mike Trempe, Vice President
- Chris Wells, Treasurer
- Maureen Fagans, CEO

USS is funded (in part) by a Title III grant under the Older Americans Act administered by the Ohio Department of Aging through the Area Agency on Aging PSA2. Funds also provided by Clark County Senior Services Levy, United Way of Clark and Champaign Counties, Mental Health & Recovery Board of Clark County, Corporation for National and Community Service, Springfield Foundation, Healthpath Foundation, Community Health Foundation, Clark County JFS, member fees and donations. USS is non-discriminatory in services and employment, and facilities are accessible to all people.

Cover photo by  
Art Jones

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## Director's Corner

Dear Members and Friends,

As I write this letter tonight, the Governor has just relaxed some guidelines for people who are fully vaccinated. Hooray! Finally, a future with COVID-19 controlled by vaccination is in our sights! However, what does that mean for senior centers like USS? USS services continue but, unfortunately, we don't have any news about our centers.

At USS, we continue to provide the supportive services that many older adults rely on. Our commitment to serving meals, providing in-home care, and transporting people to their medical appointments has not wavered. As the CDC learned more about this pandemic, we have needed to adjust to new, and updated, Ohio Department of Health requirements to continue our services and protect our clients and staff. USS employees took these safety requirements seriously and our clients have been safe as a result. Do you know someone who will benefit from our support? We are prepared to help.

USS has stopped talking about reopening our centers for recreation and socialization. Throwing our doors open and returning to familiar programming for our members is still further down the recovery road. Instead, when the trends indicate it is safe to do so, and the Governor relaxes current mandates, we will focus on restarting recreation in a responsible, safe way. This summer we hope to invite our first groups of 10 or fewer people into the building for a specific class or activity, rebuilding our activity calendar one small, safe success at a time.

I hope by the time this *Center Page* arrives in your mailbox there will be more good news for senior centers and all those we serve. The vaccine is helping to decrease infection and transmission levels in our community, which will help centers like ours welcome back dearly missed members, clients, and friends. Although I cannot offer certainty about a date for the restart of recreation, I can report that we are getting closer to doing so.

Stay safe, and thank you for the opportunity,

Maureen Fagans, AICP  
Chief Elder Officer

 **Our mission will not  
waiver in this time of need.**



# What's NEW ↓

## Home/Preventive Maintenance

Do you have a project around the house you need assistance with? USS is here to help! We have expanded our services to help with minor preventive maintenance, including but not limited to, installing grab bars, shower heads, smoke detectors, etc. Please contact Kyle Farnbauch at 937-323-4948 ext. 141 or at [kfarnbauch@unitedseniorservices.org](mailto:kfarnbauch@unitedseniorservices.org) if you have questions or would like to request help.

## CHORE Summer Grass Mowing

USS is looking to continue expanding our Summer Grass Mowing service. While all spots for 2021 are filled, we are always accepting clients for the wait list. Call 937-323-4948 ext. 141 to put your name on the wait list, so when a spot opens up you can enjoy this service.

## Masonic Home Reminder

Masonic Home Residents - Now is the time for you to fill out your 2021 Membership applications. The applications are available at the Community Center and York Rite Lobby. There is no fee. Please be sure to complete both pages. They may be turned in to Joan Snarr, Liaison at York Rite Lobby Thursday afternoons 1:00-3:00pm.

## COVID-19 Vaccine Reminder

COVID-19 vaccinations are still available to older adults. Vaccinations are available at various locations in Clark County by appointment only. For a list of locations and details on all of this information, visit the COVID-19 Resource Center on our website at [www.unitedseniorservices.org](http://www.unitedseniorservices.org).

## 2021 Tax Preparation

Unfortunately, due to COVID-19, there will be no income tax preparation assistance at USS in 2021. In past years, tax preparation volunteers were provided by AARP. At this time, AARP has not yet finalized their plan for helping older adults in Ohio with income tax filing. We will continue to provide information as it becomes available to USS. If you wish to call the AARP tax line directly, you may do so by dialing 1-888-227-7669.

## HEAP Reminder

The regular HEAP Program will be ending on May 31, 2021. USS is still providing assistance to seniors who are applying for regular HEAP and PIPP Plus for their energy assistance needs. USS centers remain closed to members and the public, so appointments can be held over the phone with Joyce Robinson, Outreach Coordinator at USS. To schedule an appointment, please call Joyce at 937-521-3005.

# What's NEW ↓

## Virtual Class Offerings

### Confirmed Virtual Class Offerings in March:

#### *Weekly Exercise Classes:*

Pilates: Every Monday at 9:00am

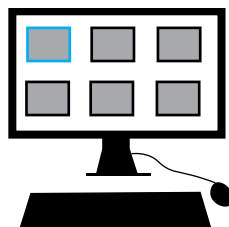
Movin' with Music: Every Tuesday at 10:30am

USS Jammers: Every Tuesday at 12:00pm

Zumba Gold: Every Wednesday at 1:00pm

Yoga: Every Thursday at 9:00am

Drums 4 Fitness: Every Friday at 11:00am



#### *Special One-Time Workshops:*

Parkinson's Support Group – Education: Tuesday, April 13 at 1:00pm


Healthcare PoA & Living Will: Thursday, April 22 at 1:00pm

Parkinson's Support Group – Friend's Together: Tuesday, April 27 at 1:00pm

Alzheimer's Association Community Forum: Tuesday, May 4 at 5:30pm

For additional information and the full list of updated class and program offerings, please visit our website at [www.unitedseniorservices.org](http://www.unitedseniorservices.org). If you have questions or concerns, contact Kyle Farnbauch at [kfarnbauch@unitedseniorservices.org](mailto:kfarnbauch@unitedseniorservices.org) or call 937-323-4948 ext. 141.

### New Programming Opportunity

Do you have creative projects that you completed during the pandemic that you have never been able to show others? Do you miss sharing your creative talents with friends? USS is excited to offer a new partnership program – Felt. Felt is an online community for older adult artists. They send out weekly emails with tips, tricks, and articles about art-making leading up to a monthly “roundup” event where Felt members gather to share artistic responses to a monthly prompt. Felt is a great way to learn new skills, practice your creativity (in any medium), and meet new people. You can sign up to receive their emails at: [www.meetfelt.com](http://www.meetfelt.com). 

### USS SAILL Classes

USS is dedicated to continuing SAILL programming. We continue to explore new ways to provide virtual opportunities for programs like Great Decisions, creative arts, and education. If you or someone you know would like to explore options for online programming for USS members, you are encouraged to let Kyle Farnbauch know by calling 937-323-4948 ext. 141 or emailing [kfarnbauch@unitedseniorservices.org](mailto:kfarnbauch@unitedseniorservices.org).

### Parkinson's Disease Support Group

The Parkinson's Support Group meets twice monthly via Zoom. On Tuesday, April 13 at 1:00pm, Dr. Marty Eng, Professor of Pharmacy at Cedarville University will discuss Parkinson's medications and COVID-19 vaccines. He will be available to answer any questions from the attendees. The Parkinson's Friends Together Group will meet on Tuesday, April 27 at 1:00pm. To register, email Jane Eckels at [jeckels@unitedseniorservices.org](mailto:jeckels@unitedseniorservices.org) or call 937-323-4948 ext. 209.

# RSVP

Retired & Senior Volunteer Program



## Local Volunteer Opportunities

### Clark County Emergency Management Agency

The Clark County Emergency Management Agency prepares for, responds to, recovers from, and mitigates community and individual disasters, regardless of cause. They accomplish this through their daily operations, including planning, training and exercise, responder support, public education, and administration.

Currently, they are seeking volunteers to help with administrative tasks, assistance with social media posts, assistance with maintenance on the trailers used for emergency response, deliveries, and other tasks depending upon your interests.

### Clark County Combined Health District

The Clark County Combined Health District is currently seeking volunteers to help with vaccinating our community members against COVID-19. The clinics are open 12-7pm. They are looking for volunteers to guide community members through the lines from check-in through check-out. Volunteers are also needed to schedule people for their second vaccine dose. This is a sitting position. Also, nurses and physicians who are licensed are being sought out to take online training and give inoculations.

If you are interested in the above positions or would like to find out more about the many opportunities for volunteering in Clark County, please contact Barb Rossler at 937-323-4948 ext. 128 or [brossler@unitedseniorservices.org](mailto:brossler@unitedseniorservices.org).



RSVP is sponsored by United Senior Services of Springfield, Ohio, and is funded by federal funds through the Corporation for National and Community Service, by a state subsidy through Ohio Department of Aging, and by local matching funds in Clark and Madison Counties.

# What's NEW ↓

## Essential Services Continue

### 1. Meals on Wheels

If you would like to receive home-delivered meals, please call 937-323-9688.

### 2. Dining Room Meals

These meals have been changed to pick-up. Please contact our meals department at 937-323-9688 for more information and eligibility guidelines.

### 3. In-Home Services

Homemaker, Personal Care and Respite Care will continue as regularly scheduled. Questions can be directed to 937-521-3012.

### 4. Transportation

USS is still providing transportation to medical appointments, pharmacies, and grocery stores. Please contact 937-521-3000 to schedule a ride.

### 5. Grocery Delivery

This assistance has been added to meet the needs of older adults who should not go out. Please contact 937-323-4948 ext. 203 for more information and additional clarification.

### 6. Medicare Assistance

Medicare Assistance continues through over-the-phone consultations only. Please contact 937-323-6059 with questions or to schedule an appointment.

### 7. Emergency Assistance

USS continues to provide emergency assistance to residents of Clark County who may need it. Please contact 937-521-3005 for more information.

## A Special Thank You

Recently, USS was surprised with an extremely generous, anonymous gift of \$20,000 to support our operations! To say that all of us at USS were thrilled is an understatement. While the gift was made anonymously, it was made in honor of two very special USS members, Patricia Redmon and Donna Kelly. Both Pat (83) and Donna (84) are lifelong Springfield residents. Pat has 5 children and many grandchildren and great-grandchildren. She has enjoyed traveling with USS and getting together with her friends. Donna also raised 5 children and now enjoys her many grandchildren and great-grandchildren. Donna is a dog-lover and has had many canine companions throughout her life. Staying independent has been important for both Pat and Donna. USS and our dedicated staff have been happy to help Pat and Donna with things like grass-mowing and planned excursions with friends, and we are glad that our center has been a place for making new friends and memories. We are grateful and encouraged to have received this wonderful gift which extends the reach of our essential programs and services for all Clark County seniors, like Pat and Donna, who wish to remain active, involved and independent.

## Programming Update

**Peg Foley**  
**Attorney and Senior Trust**  
**Leader for West Park National Bank**  
**Thursday, April 22nd 1:00pm**

Peg will be presenting Health Care Power of Attorney and Living Wills. For over twenty years, she has helped individuals and families develop their life and legacy plans. She is a graduate of the University of Virginia School of Law and clerked with U.S. Court of Appeals for the Sixth Circuit. To make a reservation, email Tracy Wickham at [twickham@unitedseniorservices.org](mailto:twickham@unitedseniorservices.org) or call 937-521-3010. This program is being sponsored by **Forest Glen Health Campus**. They will provide a \$25 gift card for one lucky attendee!

## Go Take A Hike or Two

Have you ever heard of Pearl's Fen or Oaks Quarry? Pearl's Fen is located at 4535 Bryon Rd, Fairborn, OH. This park features wetlands, beautiful wildflowers, and prairies. Their boardwalk centers on the wildflower area and leads to the back portion of the fen that also connects to Oakes Quarry, which is located at 1267 E Xenia Dr, Fairborn, OH. The park includes foot trails and horseback trails that cross ancient limestone fossils exposed by the mining activity that formed the quarry. Conservation work here is developing prairies and wetlands once common in the area and the northern edge is nice woodland. Before heading out, be sure to check out their websites for more information.

## Stay at Home Bingo

Join us again for Stay at Home Bingo on **Wednesday, April 21st at 1:00pm**. Call Tracy Wickham at 937-521-3010 or email her at [twickham@unitedseniorservices.org](mailto:twickham@unitedseniorservices.org) to make your reservation. You will be provided with a number to call and a pin number to get you connected. Bingo cards can be picked up outside of USS downtown center on Wednesday, April 14th, 9:00-11:00am. Please only take one card. For those of you who don't drive, cards can be mailed to you. Winners of the game will receive a \$10 Kroger gift card provided by **Mercy Health Oakwood Village**. There is no charge to participate in this event.

## Older Americans Month

USS will be recognizing seniors from Clark County for Older Americans Month in May. Older adults have built resilience and strength throughout their lives through successes, failures, joys, and difficulties. USS is accepting nominations for the Outstanding Service Award and Excellence in Leadership Award. Let's celebrate the strength of older adults and the Aging Network, with special emphasis on the power of connection and engagement in building strong communities. Winners of these awards will receive an honorable mention in the *May Center Page*. Nominations can be made to Tracy Wickham at [twickham@unitedseniorservices.org](mailto:twickham@unitedseniorservices.org). Please submit by April 23rd.



Elderly United of Springfield & Clark County, Ohio, Inc.  
125 West Main Street  
Springfield, OH 45502

# Happy Easter!

**Don't forget! On April 2nd, the  
Easter bunny will be at USS  
1:00-3:30pm, passing out Cheryl's  
cookies and other sweet treats to  
the first 50 members that drive by.**

