

# The Center Page

Springfield and Clark County's Resource for People Age 55 and Better

FEBRUARY-MARCH 2020



## UNITED SENIOR SERVICES

125 West Main Street  
Springfield, OH 45502  
937-323-4948

## ENON

7571 Dayton-Springfield Road  
937-863-0043

## NEW CARLISLE

1216 West Lake Avenue  
199 Sunrise Terrace  
937-845-2080

## VILLA PARK

1350 Vester Avenue  
Springfield, OH  
937-399-3411

## DIRECTORS

- Darryl Bauer
- Brad Boyer
- Joti Carson
- Connie Craig
- Gerorge Degenhart
- Mark Elliott
- Michelle Hemphill
- Sarah Lemon
- Charlie Morris
- Dan O'Keefe
- Scott Powell
- Sheila Rice, President
- Joy Rogers, Secretary
- Arlin Par Tolliver
- Mike Trempe, Vice President
- Chris Wells, Treasurer
- Maureen Fagans, CEO

United Senior Services (USS) was founded in 1968 as Elderly United. USS publishes The Center Page bi-monthly to inform people in Springfield and Clark County aged 55 and better about its services and events.

USS is funded (in part) by a Title III grant under the Older Americans Act administered by the Ohio Department of Aging through the Area Agency on Aging PSA2. Funds also provided by Clark County Senior Services Levy, United Way of Clark County, Mental Health & Recovery Board of Clark County, Corporation for National and Community Service, VOCA, Springfield Foundation, Healthpath Foundation, Community Health Foundation, member fees and donations. USS is non-discriminatory in services and employment, and facilities are accessible to all people.

Cover photo by  
Patty Whitt

Center Page Editors  
Kyle Farnbauch & Jenna Bluemlein

2 USS - The Center Page

# Director's Corner

Dear Members and Friends,

The USS Board of Directors is a distinguished group of local professionals with expertise in finance, healthcare, insurance, human resources, technology, and more. They represent a number of local businesses, agencies, foundations, government, and USS members. In December we honored five who have retired from board service and I hope you will join me in thanking them for their dedication to our agency. They are Rev. Dr. Hattie Millender (2013-2019), Vicky Forrest (1993-96 and 2012-19), Larry Todd (2000-2019), Darrell Kitchen (1992-2019), and Don Flowers (1978-2019). Their vision and leadership are why this agency is fiscally sound, programmatically rich, and responsive to the needs of our community.



The USS Board of Directors has always enjoyed high quality individuals who are willing to serve the seniors of Clark County, and the incoming class of Directors is no different. New board members began board service on January 1, 2020: Joti Carson, pharmacist and owner of Carson's Northridge Pharmacy, Connie Craig, Senior VP at Security National Bank, Mark Elliott, retired teacher, businessman and pilot, Michelle Hemphill, Physician Liaison MercyHealth, and Sarah Lemon, Business Outreach Coordinator for Springfield City Schools.

Below is some of the information I have shared with our newest Directors as part of their orientation. These values resonate as much today as they did 50, 30 and 5 years ago and guide our work for the benefit of all Clark County older adults.

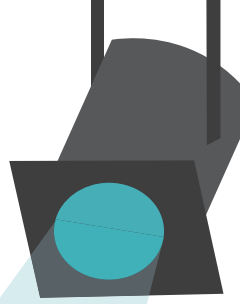
"USS's future is grounded in our history. Our founder Betty Pitzer's vision to create and nurture an umbrella agency, Elderly United, to support the *elderly* is still important today. During Donna Frederick's tenure as the Executive Director our agency began new, critically important service lines for *senior citizens*. Her work provided the framework that led to our name change to United Senior Services and eventual move into a new, larger headquarters. Today we call ourselves USS more often than United Senior Services, we serve a record number of *older adults* through our community based services, and we have largely redefined center based recreation and education to become more wellness focused. However, our mission remains the same as Betty's and Donna's: our community can count on us for quality services and programs; our partners recognize us as a valuable resource; our members and future members know us as responsive, compassionate, and innovative; and we never lose sight of our ultimate goal – providing the best possible experience for older adults in Clark County."

Thank you for the opportunity,

*Maureen*

Maureen Fagans, CEO

# USS Special SPOTLIGHTS



## Community Corner

United Senior Services was thrilled to learn we were selected to be a recipient of the Conroy Funeral Home's 100th Year Community Gift Initiative. The Conroy Funeral Home, which opened in 1919, is working with United Way of Clark, Champaign & Madison Counties, Inc. to award \$1000 to 52 Clark County community organizations in order to celebrate 100 years of business. The \$1000 gift received by USS will support our Blocks to Blankets group, started by USS member Linda Deaton in 2015 to provide handmade blankets to less fortunate members of the Clark County community. Volunteers with Blocks to Blankets crochet blocks and then gather at USS to turn the blocks into full blankets. Linda and the other volunteers spend countless hours making these blocks and blankets, and all materials are purchased out of their own pockets. The generous \$1000 gift from the Conroy Funeral Home will support our dedicated volunteers and make it possible for blankets to reach more members of our local community. Thank you to the Conroy family for choosing USS to receive this wonderful gift in celebration of your 100 years of local business, and thank you to our members who choose to use their talents to help those in need. USS is proud to provide space and support for our volunteers as they spread warmth and comfort to those in Clark County who need it the most.

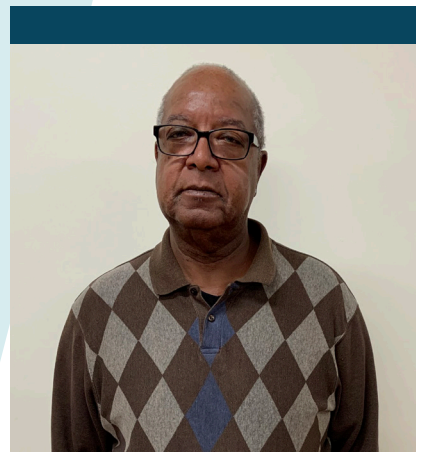


Pictured:  
Bryce Conroy (left)  
and Jack Conroy (right)  
presenting check to  
Maureen Fagans, CEO.

## Employee Highlight

### **Congratulations to Amos Sims for being a USS Senior Meals Driver for 30 YEARS!**

In his 30 years of service, Amos has delivered approximately 191,250 meals and driven 114,750 miles. We are blessed to have Amos as a part of the USS team as he also shares time working as a music minister at Restored Life Ministries. Amos has come a long way since he was running barefoot as a kid on Innisfallen Avenue.



# What's NEW ↓

## USS is Going Green!

USS is making a conscious effort in 2020 to increase the amount of recycling we do as an organization. We are asking for you to join USS in this initiative as we work toward a cleaner environment. Throughout the year, you will start to notice stations around the building for members to deposit items that can be recycled. We look forward to members recycling with USS.

## Shop & Give Back to USS

Please consider donating to USS through Amazon Smile and Kroger Community Rewards. Sign up for each through their respective websites: [amazon.com](https://www.amazon.com) and [kroger.com](https://www.kroger.com). Each time you make a purchase, a percentage of your total will be donated back to USS to aid in the expansion and improvement of our programs.

## USS & AARP Tax Preparation

USS is proud to partner with AARP again to help seniors of the Clark County community with their tax preparation. If you or someone you know would benefit from this service, please call 937-323-4948 to make an appointment with a tax professional today.



## 2020 Memberships

Do not forget to renew your membership for 2020. You will not want to miss all the activities and programs we have at USS! Visit our website: [www.unitedseniorservices.org](http://www.unitedseniorservices.org) or visit any of our locations.

<u>Locations:</u>	<u>2020 Membership Fees:</u>
Downtown	Clark County Memberships \$15
Enon	Out of County Memberships \$50
New Carlisle	Associate Memberships* \$15
Villa Park	*Travel Only, Special Circumstance

## SAILL Spring Term

The SAILL Spring Term will start March 30 and run through May 22. USS will offer a variety of engaging, timely, and stimulating classes. Keep your eye open for the Spring catalog and register for classes on Monday, March 23. If you or someone you know has a talent to share or the desire to teach, contact Marj Vereen at: [mvereen@unitedseniorservices.org](mailto:mvereen@unitedseniorservices.org) or 937-323-4948. SAILL is looking for someone to teach Italian.



## Bunco is Back!

Join USS as we play Bunco on Thursday, April 23 at 5:30pm. A great opportunity to learn a new game, meet other members, and win prizes. Bring your luck and a fun attitude! We will have volunteers roaming the room to help you learn and remember the rules and answer questions. Sponsored by Villa of Springfield.

## Long Arm Quilt Machine

Did you know that USS has a long arm quilting machine that is available to members? After taking an orientation, the machine is available for use by appointment only. Please call Jane Skogstrom at 937-323-4948 for more information.

# What's NEW ↓

## Save These DATES!

### Valentine's Day

#### Dinner Dance

Friday, February 14

6pm • Cost: \$6/person

Dinner is catered by Carmae and music is provided by Dick Hatfield.

#### Dinner Dance

Friday, March 6

6pm • Cost: \$6/person

Dinner is catered by Carmae, and music is provided by Memory Lane. Members only.

Registration: February 10 - February 28

### St. Patrick's Day Celebration

Tuesday, March 17

12pm • Cost: \$15/person

Celebrate St. Patrick's Day at the Courtyard by Marriott with a traditional Irish meal of corned beef and cabbage and a selection of Irish music. Linda Bowshier from Wittenberg will share the musical history of Ireland, Scotland and the Celtic regions. This event is sponsored by USS and Oakwood Village.

Registration: February 17 - March 12

#### Dinner Dance

Friday, April 3

6pm • Cost: \$6/person

Music is provided by Pleasant Street Blues Band. Members only.

Registration: March 9 - March 30

### New Program through the Clark County Sheriff's Office

The Clark County Sheriff's Office has started a new program to keep community members safe. This program is aimed to help those "at risk" or prone to wandering. Adults living in Clark County that have been diagnosed with Alzheimer's disease, dementia or other cognitive disabilities may be eligible for enrollment in the program. Using state-of-the-art technology, participants will wear a personalized wristband that emits a tracking signal. There is no charge for this service. If someone you know would be a good candidate for this program, please contact Wendy Holt at: [wholt@clarkcountyohio.gov](mailto:wholt@clarkcountyohio.gov).

### Alzheimer's Association - Miami Valley Chapter

USS has a partnership with the Alzheimer's Association of Miami Valley to provide counseling services to those in Clark County and the surrounding area. On the 3rd Thursday of each month, representatives from the Alzheimer's Association are at USS downtown to provide education, support, and resources to those affected by the disease and their loved ones. There is no charge for these consultations; however, appointments are encouraged. To schedule an appointment with the Alzheimer's Association or to reach someone outside of the scheduled time at USS, please call 1-800-272-3900.

# USS Prevention Program



The USS Prevention Program is designed to help less mobile older adults socialize.

The calendar below lists activities for Prevention clients.

If you would like more information about the USS Prevention Program, call 323-4948.

## FEBRUARY

- 3 The Family Restaurant & Shopping, Fairborn .....LG-E  
Rob's Restaurant, Brookville ..... SG-N
- 4 Ann & Tony's & Shopping, West Jefferson ..... LG-NR  
All in Flavor, South Charleston & 2nd Act Thrift,  
Cedarville.....SG-S
- 5 Senior Center & Dollar Tree, London ..... LG- ALL  
USS Café & BINGO! Must be a Member to PlaySG- ALL
- 6 Walking & Lunch ..... LG- ALL  
USS Café & TRIAD..... SG- ALL
- 10 Colliers & Shopping ..... LG-NC
- 11 Buffalo Wild Wings & Trader Jo's, Kettering ..... LG-W  
Carriage Inn, Enon & Copey's, Medway.....SG-E
- 12 BINGO! Must be a Member to Play ..... LG- ALL
- 13 Walking & Lunch ..... LG- ALL  
Senior Center & Dollar Tree, London..... SG-W
- 14 Valentine's Day Mystery Lunch ..... LG- ALL  
USS Café & Valentine's Party ..... SG- ALL
- 17 Presidents Day-USS CLOSED
- 18 Homecoming – Dine & Drive, Bellefontaine ... LG-NR  
Senior Center & Dollar Tree, London.....SG-E
- 19 Ann & Tony's & Shopping, West Jefferson .....LG-E  
USS Café & BINGO! Must be a Member to PlaySG- ALL
- 20 Walking & Lunch ..... LG- ALL  
USS Lunch & Learn ..... SG- ALL
- 24 Buffalo Wild Wings & Trader Jo's, Kettering ... LG-NC  
USS Café & Dilly Dally Euchre ..... SG- ALL
- 25 Senior Center & Dollar Tree, London ..... LG-W  
Rob's Restaurant, Brookville .....SG-S
- 26 BINGO! Must be a Member to Play..... LG- ALL

## MARCH

- 2 Golden Nugget & Shopping, Kettering.....LG-E
- 3 Biscuit World & Goodwill, Fairborn..... LG-W  
All in Flavor, South Charleston & 2nd Act Thrift,  
Cedarville.....SG-S4  
Der Dutchman – Country Closet, Plain City ... LG-NR  
USS Café & BINGO! Must be a Member to PlaySG- ALL
- 5 Walking & Lunch ..... LG-ALL  
USS Café & TRIAD..... SG- ALL
- 9 Senior Center & Dollar Tree, London ..... LG-ALL  
Senior Center & Dollar Tree, London.....SG-N
- 11 BINGO! Must be a Member to Play ..... LG-ALL  
Rob's Restaurant, Brookville ..... SG-W
- 12 Walking & Lunch ..... LG-ALL  
All in Flavor, South Charleston & 2nd Act Thrift,  
Cedarville.....SG-S
- 13 USS Prevention St. Patrick's Potluck .....B-ALL
- 16 Rob's & Shopping, Brookville .....LG-N  
USS Café and Monday Movie: Overcomer .... SG-ALL
- 17 Loretta's & Shopping, Christiansburg ..... LG-W  
USS St. Patrick's Day Luncheon; Marriott ..... SG-ALL
- 18 Schmidt's – Dine and Drive, Columbus ..... LG-NR  
Casino and Lunch, Dayton ..... SG-ALL
- 19 Walking & Lunch ..... LG-ALL  
USS Lunch & Learn ..... SG-ALL
- 23 Senior Center & Dollar Tree, London ..... LG-W  
Senior Center & Dollar Tree, London.....SG-S
- 24 Rob's & Shopping, Brookville.....LG-E  
Rob's Restaurant, Brookville .....SG-E
- 25 BINGO! Must be a Member to Play ..... LG-ALL  
Carriage Inn, Enon & Copey's, Medway..... SG-W

LG=Large Group • SG=Small Group  
B=Both LG and SG

N=North  
W=West

S=South  
NC=New Carlisle

E=East  
NR=Northridge

# RSVP

Retired & Senior Volunteer Program

We've had a great year with many new members joining the seasoned Senior Corps RSVP members in helping out the non-profits in our community. Our partnering agencies are very quick to express their gratefulness when we send volunteers their way. They could not accomplish their work without your time and talents. 57 % of our partnering agencies have been with RSVP for over 20 years! USS believes that speaks strongly to the quality and dedication of our volunteers.

A BIG thank you to our Senior Corps RSVP partners who do so much for Clark County:

AARP Tax Aide Foundation, Animal Welfare League, American Red Cross, Benefits Assistance (USS), C.J. Brown Reservoir, Clark County Agricultural Society, Clark County Combined Health District, Clark County Emergency Management Agency, Clark County Fuller Center for Housing, Clark County Schools, Clark Memorial Home, Clark State Performing Arts Center, Enon Emergency Relief, Family & Youth Initiatives, Family Needs Inc, Heritage



Center, Interfaith Hospitality Network, National Museum of the USAF, National Trail Parks & Recreation District, Oakwood Village, Ohio's Community Mercy Hospice, OIC of Clark County, On-the-Rise, Open Hands Free Store, Pregnancy Resource Clinic, Prevent Blindness Ohio, Prevention Program (USS), Rainbow Table, RSVP of Clark & Madison Counties (USS), Second Harvest Food Bank, Springfield City Schools, Springfield Soup Kitchen, Springfield Regional Medical Center, St. Johns Outreach Store, St. Vincent De Paul Food Pantry, St. Vincent De Paul Thrift Store, United Way of Clark, Champaign & Madison Counties, Volunteer Guardianship Program (USS), Warder Literacy Center.

USS would like to thank all of our RSVP volunteers for turning their hours in on time these last few quarters. We have been very pleased to see the time sheets come pouring in during the week reports need to be run.

If you or someone you know is interested in being a volunteer, please call Barb Rossler or Cora Fisher at 937-324-5705.



*RSVP is sponsored by United Senior Services of Springfield, Ohio, and is funded by federal funds through the Corporation for National and Community Service, by a state subsidy through Ohio Department of Aging, and by local matching funds in Clark and Madison Counties.*

## TRIAD

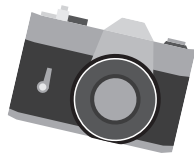
TRIAD meetings are held at 1:30pm at USS, 125 W Main Street on the **first Thursday** of each month. Upcoming programs:

**February 6 - Exercise for Seniors**, presented by BJ Devore

**March 5 - A Matter of Balance**, presented by Sharon Mitchell

## Photo Club

In February and March, the Photo Club will meet **every Thursday at 3:30pm**. On the third Thursday of each month, individuals are encouraged to bring their own camera to learn more about it.



## Lunch & Learn by Ohio Valley

Ohio Valley Lunch and Learn programs are presented on the **first Thursday of each month at 11:30am** with lunch provided at USS downtown.

**February 6 - Heartburn Hurts! Beat the Burn**, presented by Dr. Rick Nedelman, M.D., F.A.C.S.

**March 5** – Topics to be announced

# Clubs & Groups

## USS Lunch & Learn

Lunch and Learn programs cover a wide range of topics **presented at 12:00pm at USS**, with lunch provided by generous community partners. Upcoming programs:

**February 20** – Presented by Crystal Hagans, DRPH, Epilepsy Education Foundation Manager at Ohio Epilepsy Foundation; Sponsored by Villa of Springfield

**March 19** – **Maintenance & Preparedness Concerning your Property**

Presented and sponsored by the Neighborhood Housing Partnership

## Hooks & Needles

In February & March, Hooks & Needles will meet on the following dates at 10:00am:

**February 3 & 18**

**March 2, 16 & 30**



# Day Trips

## LaComedia Dinner Theatre "The King and I"

Friday, April 3

Two worlds collide in this magnificent and beautiful musical. Set in 1860's Bangkok, the "King and I" tells the story of the unconventional relationship between the King of Siam and a British schoolteacher. You will hear classics like "Getting to Know You", "I Whistle a Happy Tune" & "Something Wonderful". The delicious buffet will include chef carved meats, famous sweet potato soufflé, house signature salad, and papaya chutney dressing.

Depart: 9:30am • Return: 4:00pm

PLEASE ARRIVE ½ HOUR PRIOR TO DEPARTURE

Total Cost: \$85 • Payment Due by: 2/27

Activity Level: Easy



## Ark Encounter - Williamstown, KY

Tuesday, April 21

Prepare to be blown away as you explore the life-sized reconstruction of Noah's Ark. The Ark Encounter is a jaw-dropping structure measuring 7 stories tall and more than a football field in length. The Ark includes hundreds of different exhibits, including mockup of animal stalls, recreations of Noah and how his family may have lived from cooking to sleeping, and even gardening. Prepare to have your expectations challenged by a host of incredibly life-like sculpted animals. You will also learn how Noah cared for all the animals and how the Ark was big enough to fit them all.

This self-guided tour will allow you to enjoy the sights, attractions, and lunch at Emzara's Buffet at your own pace. The buffet is two stories with spectacular views of the Ark and includes drinks, salad bar and desserts. There will be time to visit the gift shop and find the perfect memento to remember your trip back in time. There will be 2 comfort stops with this trip (one morning & one evening).

Depart: 9:00am • Return: 8:00pm

PLEASE ARRIVE ½ HOUR PRIOR TO DEPARTURE

Total Cost: \$104 • 1st Payment of \$52 Due: 2/14

2nd Payment of \$52 Due: 3/12

Activity Level: Easy

## Snooty Fox Saturday, May 2

Spring has sprung and you haven't a thing to wear! No worries! USS has you covered. Sit back, relax, shop, eat, and eat some more while we drive you to a chain of upscale consignment shops in the greater Cincinnati area. Shop at 5 stores with high quality fashion and accessories at reduced prices. Our first stop will be for coffee and breakfast. Stop 2 will offer wine and lunch by Jason's Deli. Stops 3 & 4 will include wine and snacks. Our final stop will offer dessert and wine. Shoppers will receive 20% off all regularly priced items.

Depart: 7:30am • Return: 5:00pm

PLEASE ARRIVE ½ HOUR PRIOR TO DEPARTURE

Total Cost: \$60 • Payment Due by: 4/7

Activity Level: Easy to Moderate

(on & off coach numerous times)



## Scioto Downs Casino

Tuesday, May 19

Back by popular demand! Board the deluxe coach and let us take you away for a fun-filled day. You will receive \$20 free play and a \$5 dining voucher. Horse racing starts at 2:30pm.

\*35 people must register for this trip for the group to be eligible for the free incentives.

Depart: 10:00am • Return: 5:30pm

PLEASE ARRIVE ½ HOUR PRIOR TO DEPARTURE

Total Cost: \$30 • Payment Due by: 5/2

Activity Level: Easy

# Trips & Tours

## Southern Charm

April 25 - May 1

**This 7-day tour includes:** a visit to *Charleston Tea*, America's only tea plantation; 2 nights in **Savannah's Historic District** with dinner at *Mrs. Wilkes' Boarding House & The River House*; a tour of Savannah with a horse-drawn carriage; tour **St. Simon Island**; 2 nights at the **Jekyll Island Club**, including club amenities and meals; a visit to **Mt. Airy, NC**, home to the *Andy Griffith Museum*.

**Tour Includes:** Motor coach transportation, 6 nights' lodging, 14 meals, all attractions & sightseeing, all gratuities for baggage handling, drivers, local step-on guides & tour manager.

**Tour Fare:** \$1849 per person (2 in a room)

**Deposit:** \$500 due 2-7    **Balance Due:** 3-18

## Riverboatin'

June 12-16

Travel by private motorcoach to **Peoria, IL**, with a stop in **Danville**. The next morning, board the *Spirit of Peoria* where you will enjoy three days cruising the *Illinois* and *Mississippi River*, traveling through two locks. Your land overnight will be at the President Abraham Lincoln by Hilton in **Springfield, IL**. You will tour the *Lincoln Museum* before re-boarding the *Spirit* for lunch and the chefs' special prime rib dinner. Your land overnight will be the historic *Pere Marquette Lodge*. The next day, the *Spirit* enters the mighty *Mississippi*, traveling through two more locks concluding in **St. Louis**. Tour the *Cathedral Basilica* before your final overnight at the elegant *Drury Inn at Union Station*.

**Tour Includes:** 4 nights' lodging, motor coach, 3-day cruise, 11 meals, all attractions & sightseeing, all gratuities for baggage handling, drivers, local step-on guides & tour manager.

**Tour Fare:** \$1335 per person (2 in a room)

**Deposit:** \$350 due 2-14    **Balance Due:** 4-24

## Great Trains and Historic Hotels

May 11-17 *Passport Required*

### Four Rail Journeys:

"First Class" on Canada's premier rail system, **VIA Rail**. *A freshly prepared meal will be served at your seat accompanied by cocktails and cordials.*

### Three Historic Hotels:

*2 nights at Fairmont Royal York - 2 nights at Fairmont Queen Elizabeth - 2 nights at the prestigious Fairmont Le Chateau Frontenac.*

### Three awe-inspiring cities:

**Toronto**-*Chinatown, Queens Quay Terminal, CN Tower*  
**Montreal**-*St. Joseph's Oratory, McGill University, Notre Dame Cathedral, Mount Royal Park, Old Montreal*  
**Quebec**-*Cathedral-Basilica of Notre Dame, Montmorency Falls, Citadel of Quebec, Plains of Abraham, Old Quebec* and a *do-as-you-please free day!*

### One Extraordinary 7-Day Tour!

**Tour Includes:** 4 VIA Rail train trips, 3 historic hotels (6 nights' lodging), motor coach transportation, 6 meals, all attractions & sightseeing, all gratuities for baggage handling, drivers, local step-on guides, train attendants & tour manager.

**Tour Fare:** \$2499 per person (2 in a room)

**Deposit:** \$500 Due 1-10    **Balance Due:** 2-28

Top Secret

## 27th Annual Mystery Tour

September 15-17

*A destination never before offered by USS Tours*  
**Lights...Camera...Action!**

**Tour Includes:** Transportation, 2 nights' deluxe lodging, 7 meals, ALL entry fees, gratuities, and escorts.

### Tour Fare:

\$775 double occupancy    \$955 single occupancy

**Deposit Due:** \$300 by 6-12    **Balance Due:** 7-19

**First coach is Sold Out! 42 travelers are needed to confirm second coach. Don't delay, sign up today!**

## Pacific Northwest

July 17-24

**Day 1:** Fly from Columbus to Portland, OR where you'll enjoy a tour of the city before checking into the *Portland Doubletree* for a 3-night stay.

**Day 2: Mount St. Helen's Day** including: *Spirit Lake, Monument Visitor's Center, Toutle River, Forest Learning Center, Survivors/Big Foot Gift Shop, Vancouver Waterfront* and photo stops.

**Day 3:** Visit *Multnomah Falls*, Oregon's tallest waterfall. Walk to *Benson Bridge* for breathtaking photos. Depart for lunch at *Skamania Lodge* then travel to *Columbia Gorge Discovery Center*. The evening is at your leisure.

**Day 4: Crater Lake Day**, the deepest lake in America. The caldera rim sits at an elevation of 7,000 to 8,000' and is surrounded by jagged volcanic cliffs 2000' high. Taking the 33-mile *Rim Drive* around the park is unforgettable. Overnight stay near *Crater Lake*.



**Day 5:** Depart for Klamath, CA

**Day 6: Redwoods Day** including: *Redwood National Park, "Redwood Highway"* that hugs the California coastline, *Humboldt Redwoods State Park* & the "*Avenue of the Giants*" with the largest stand of redwoods in the world! Overnight in Ft. Bragg, CA.

**Day 7:** Visit *Mendocino Coast Botanical Gardens* and the *Charles Schulz Museum* in *Santa Rosa* before your final night's stay in *Sacramento, CA*.

10 USS - The Center Page

**Day 8:** Enjoy a step-on tour of Sacramento to include: *Governor's Mansion, the California State Capital Building* and *Old Sacramento* before your flight home remembering that every site you visited inspired pride in the beauty that is our America.

**Tour Includes:** All airport transfers, round-trip airfare, 7 nights' lodging, private coach, all sightseeing & attractions, 13 meals (7B-2L-4D), gratuities for baggage handling, drivers, local step-on guides & tour manager.

**Tour Fare:** \$2999 per person (2 in a room)

**Deposit:** \$500 due 3-11    **Balance Due:** 4-30

## By the Sea

August 25-28



**Day 1:** Travel by private coach to *Atlantic City, NJ* for a 3-night stay at *Bally's Resort & Casino* located on the **Boardwalk** where you'll enjoy 10 miles of beach and 5 miles of Boardwalk shopping & eateries.

**Day 2:** Take a *Skyline Cruise* to view Atlantic City's landmarks. Then, "**Thunder Over the Boardwalk**", the *Atlantic City Air Show*. Your hotel is just steps away from the beach where flybys are as high as 15,000' and as low as 50' over the water, performed by the *Golden Knights* and the *Thunderbirds*.

**Day 3: Cape May Day**, explore *Lucy, the Margate Elephant*, the oldest roadside attraction in America! Tour the 15-room Victorian museum *Physick Estate* & board a trolley for a narrated tour of the *Historic District*. Free time at the open-air *Washington Square*. Then try your luck at finding a Cape May "Diamond" in the sand at *Cape May Point Lighthouse and Sunset Beach*. End the day with dinner at the nation's oldest seafood restaurant, the *Lobster House on Fisherman's Wharf*.

**Day 4:** Depart Atlantic City for journey home.

**Tour Includes:** 3 nights' lodging, motor coach, cruise, 5 meals (3B-2D), all attractions & sightseeing, all gratuities for baggage handling, drivers, local step-on guides & tour manager.

**Tour Fare:** \$799 per person (2 in a room)

**Deposit:** \$300 due 5-15    **Balance Due:** 7-10

## Special Preview

### Treasures of Italy

Thursday, April 16 at 2pm

To RSVP call Pat Brown at 937-521-3016

## Treasures of Italy

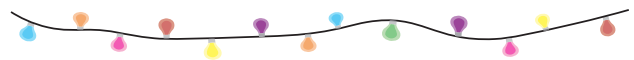
October 18-27 **Passport Required**

Bucket-List cities include: **3 nights in Rome** with a guided headset tour of the *Sistine Chapel*, the *Vatican Museum* and the *Colosseum*, plus one free day to explore. **2 nights in Venice** with a tour of the *Basilica of St. Mark and Doge's Palace*, and a Troubadour serenade during your *Gondola Ride*, plus free time. Also, **3 nights in Florence** with the *Accademia* to see the original "David", the *Baptistery* with its "Gates of Paradise" doors, and Ponte Vecchio Bridge. Must-see cities in the **Tuscany Region** include: **Padua**, tour the *Basilica di Sant'Antonio* (resting place of St. Anthony). **Modena**, for a balsamic vinegar tasting, local specialties lunch, and Lambrusco wine. **San Gimignano**, "a medieval Tuscan dreamscape". **Siena**, walk its narrow Gothic streets viewing stunning palaces and historic *Piazza del Campo*. **Magione Castle**, opening its doors for a private regional wine tasting and light lunch. **Assisi**, tour the St. Francis Basilica where the tomb of St. Francis rests and **Pisa** with admissions to *Pisa Battistero* and *the Duomo*.

**Tour Includes:** Round-trip airfare and transfers, deluxe Italian motorcoach, 8 nights first-class hotel accommodations, all admissions, 14 meals (8B-2L-4D). English-speaking Italian tour director, step-on guides, and professional tour manager.

Tour Fare: \$5889 pp (2 in a room) including air!

Deposit: \$500 due 4-30      Balance Due: 6-12



## Christmas at Opryland

December 8-10

**Day 1:** Depart via motorcoach enroute to Nashville, TN. Dine in Nashville before checking into the *Opryland Hotel* for a 2 night stay. Next, the *Grand Ole Opry* at the *Historic Ryman Auditorium*.

**Day 2:** Tour the historic *RCA Studio B* and the *Country Music Hall of Fame*, followed by lunch at *Puckett's General Store*. Return to your hotel for free time to experience Opryland. This evening's show will either be Opryland's Christmas Show or the Opry House show (TBA).

**Day 3:** Take a luncheon cruise on the *General Jackson Showboat*, prior to the General's *Christmas in Tennessee Show*. The *General Jackson* is the perfect finale to your Opryland Christmas vacation.

**Tour Includes:** Deluxe motorcoach transportation, 2 nights' lodging at the Opryland Hotel (traditional rooms, exterior views), 6 meals (2B-2L-2-D), two shows, *General Jackson Holiday Show* and luncheon cruise, all sightseeing/entrance fees per itinerary, all gratuities for baggage handling, driver and professional tour manager.

**Tour Fare:** \$999 per person (2 in a room)

**Deposit:** \$300 due 9-4      **Balance Due:** 10-16





Elderly United of Springfield & Clark County, Ohio, Inc.  
125 West Main Street  
Springfield, OH 45502

Take Control of your pain!

## Healthy U

Chronic Pain Self-Management Workshop  
Fridays, April 10, 17, 24, & May 1, 8, 15  
9:30am - 12pm

Open to the public, to register call  
Tracy Wickham at 937-521-3010.



## St. Patrick's Day Celebration

Tuesday, March 17

12pm • Cost: \$15/person

Celebrate St. Patrick's Day at the  
Courtyard by Marriott with a traditional  
Irish meal and a selection of Irish music!

Linda Bowshier from Wittenberg will share the musical  
history of Ireland, Scotland and the Celtic regions.

**Registration: February 17 - March 12.**



This event is sponsored by USS  
and Oakwood Village.